



Ultimate Woman[®] Calcium Plus

2:1 calcium to magnesium ratio



90 Tablets • Dietary Supplement

gluten
free

dairy
free

nut
free

actual size

Supplement Facts

Serving Size 2 Tablets
Servings Per Container: 45

	Amount Per Serving	% Daily Value
Vitamin D2 (as ergocalciferol)	1000 IU	250%
Vitamin K2 (as menaquinone-7)	25 mcg	31%
Calcium (as carbonate & citrate)	500 mg	50%
Magnesium (as oxide & citrate)	250 mg	63%

* Daily value not established.

Other ingredients: Microcrystalline cellulose, stearic acid, croscarmellose sodium, hydroxypropylcellulose, magnesium stearate, silicon dioxide, pharmaceutical glaze, carnauba wax, glycerin.

Contains: Soy.

Does not contain: Wheat, Gluten, Dairy, Fish, Sugar, Salt, Citrus, Artificial Colors or Flavors.

▼ These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

DIRECTIONS: As a dietary supplement, take two (2) tablets up to twice daily, preferably with meals.

WARNING: Consult your healthcare provider prior to use if you are pregnant, nursing, taking any medication or have any medical conditions.

STORE IN A COOL, DRY PLACE.
KEEP OUT OF REACH OF CHILDREN.

TAMPER EVIDENT
Do not use if outer seal is broken or missing.

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