

**Suggested Usage:** Take 1 capsule daily with a fat-containing meal.

Coenzyme Q10 (CoQ10) is a vitamin-like compound that plays a central role in cellular energy production.\* CoQ10 is found throughout the body, but is especially concentrated in the heart, liver, and kidney and production has been found to decline with age. CoQ10 works as a potent free radical scavenger in cell membranes, as well as within blood vessels.\* Years of scientific research have shown that CoQ10 helps to maintain a healthy heart and vascular system.\*

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

**Caution:** For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children. Do Not Eat Freshness Packet. Keep in Bottle. Natural color variation may occur in this product.

CODE 3210B V2



# CoQ10

## 100 mg

### Cardiovascular Health\*

- Cellular Energy Production\*
- With Hawthorn Berry

## 30 Veg Capsules

A Dietary Supplement    Vegetarian/Vegan



General Health

Family owned since 1968.

## Supplement Facts

Serving Size 1 Veg Capsule

### Amount Per Serving

|                                                |         |
|------------------------------------------------|---------|
| Coenzyme Q10 (CoQ10)                           | 100 mg* |
| Hawthorn Berry ( <i>Crataegus oxyacantha</i> ) | 400 mg* |

\* Daily Value not established.

Other ingredient: Cellulose (capsule).

NOW FOODS, 395 S. Glen Ellyn Rd.

Bloomington, IL 60108, USA    [nowfoods.com](http://nowfoods.com)

Not manufactured with wheat, gluten, soy, corn, milk, egg, fish, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

NOW® CoQ10 is Pharmaceutical Grade. NOW CoQ10 products contain only the natural, all-trans form of CoQ10 produced by fermentation.

Store in a cool, dry place after opening. Please Recycle.

