

Suggested Usage: Take 1 softgel 1 to 2 times daily with food.

Coenzyme Q10 (CoQ10) is a vitamin-like compound that plays a central role in cellular energy production.* CoQ10 is found throughout the body, but is especially concentrated in the heart, liver, and kidney and production has been found to decline with age. CoQ10 functions as a potent free radical scavenger in cell membranes, as well as within blood vessels.* Years of scientific research have shown that CoQ10 helps to maintain a healthy heart and vascular system.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Caution: For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.

Store in a cool, dry place after opening.
Please Recycle.



CODE 3209 V6



CoQ10

100 mg

Cardiovascular Health*

- Cellular Energy Production*
- Free Radical Scavenger*

150 Softgels

A Dietary Supplement



Contains Gelatin

General Health

Family owned since 1968.

Supplement Facts

Serving Size 1 Softgel

	Amount Per Serving	% Daily Value
Vitamin E (from Mixed Tocopherols)	30 IU	100%
Coenzyme Q10 (CoQ10)	100 mg	†

† Daily Value not established.

Other ingredients: Rice Bran Oil, Softgel Capsule (bovine gelatin, glycerin, water, carob) and Beeswax.

Vitamin E from soy.

NOW FOODS, 395 S. Glen Ellyn Rd.

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Not manufactured with wheat, gluten, milk, egg, fish or shellfish ingredients. Produced in a GMP facility that processes other ingredients containing these allergens. NOW® CoQ10 is Pharmaceutical Grade. NOW CoQ10 products contain only the natural, all-trans form of CoQ10 produced by fermentation.

Separation and color variation in the softgel may occur. This is natural and doesn't affect product quality.

