

**Suggested Usage:** Take 1 softgel 1 to 2 times daily with food.

Coenzyme Q10 (CoQ10) is a vitamin-like compound that plays a central role in cellular energy production.\* CoQ10 is found throughout the body, but is especially concentrated in the heart, liver, and kidney and production has been found to decline with age. CoQ10 functions as a potent free radical scavenger in cell membranes, as well as within blood vessels.\* Years of scientific research have shown that CoQ10 helps to maintain a healthy heart and vascular system.\*

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

**Caution:** For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.

Store in a cool, dry place after opening.  
Please Recycle.

SOFTGEL  
SIZE

CODE 3208 V6



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# CoQ10

## 100 mg

**Cardiovascular Health\***

- Cellular Energy Production\*
- Free Radical Scavenger\*

**50 Softgels**

A Dietary Supplement



Contains Gelatin

**General Health**

*Family owned since 1968.*

## Supplement Facts

Serving Size 1 Softgel

|                                    | Amount<br>Per Serving | % Daily<br>Value |
|------------------------------------|-----------------------|------------------|
| Vitamin E (from Mixed Tocopherols) | 30 IU                 | 100%             |
| <b>Coenzyme Q10 (CoQ10)</b>        | <b>100 mg</b>         | <b>†</b>         |

† Daily Value not established.

Other ingredients: Rice Bran Oil, Softgel Capsule (bovine gelatin, glycerin, water, carob) and Beeswax. Vitamin E from soy.

NOW FOODS, 395 S. Glen Ellyn Rd.  
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Not manufactured with wheat, gluten, milk, egg, fish or shellfish ingredients. Produced in a GMP facility that processes other ingredients containing these allergens. NOW® CoQ10 is Pharmaceutical Grade. NOW CoQ10 products contain only the natural, all-trans form of CoQ10 produced by fermentation.

Separation and color variation in the softgel may occur. This is natural and doesn't affect product quality.

