

Suggested Usage: Take 1 softgel 1 to 2 times daily with food.

Coenzyme Q10 (CoQ10) is a vitamin-like compound that plays a central role in cellular energy production.* CoQ10 is found throughout the body, but is especially concentrated in the heart, liver, and kidney and production has been found to decline with age. CoQ10 works with vitamin E as a potent free radical scavenger in cell membranes, as well as within blood vessels.* Years of scientific research have shown that CoQ10 helps to maintain a cardiovascular system and normal nervous system function.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Caution: For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children. Due to size of softgel, take with 8 oz. of water or other beverage.

Do Not Eat Freshness Packet. Keep in Bottle.

Contains no titanium dioxide. Separation and color variation in the softgel is natural and doesn't affect product quality.

Store in a cool, dry place after opening.

Please Recycle.

This product has more CoQ10 (600 mg per softgel) than our regular strength product (60 mg per softgel).

CODE 3182 V4



7 33739 03182 2

SOFTGEL SIZE



Maximum Strength CoQ10 600 mg

Cardiovascular Health*

- Maintains Healthy Nervous System*
- With Vitamin E & Lecithin

60 Softgels
A Dietary Supplement

General Health

Family owned since 1968.

Supplement Facts

Serving Size 1 Softgel

	Amount Per Serving	% Daily Value
Calories	10	
Calories from Fat	5	
Total Fat	0.5 g	< 1%*
Total Carbohydrate	< 1 g	< 1%*
Vitamin E (as d-alpha Tocopherol)	30 IU	100%
Coenzyme Q10 (CoQ10)	600 mg	†
Soy Lecithin	50 mg	†

* Percent Daily Values are based on a 2,000 calorie diet. † Daily Value not established.

Other ingredients: Rice Bran Oil, Softgel Capsule (gelatin, glycerin, water, annatto extract, zinc oxide) and Beeswax.

NOW FOODS, 395 S. Glen Ellyn Rd.

Bloomington, IL 60108, USA nowfoods.com

Not manufactured with wheat, gluten, corn, milk, egg, fish or shellfish ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

NOW® CoQ10 is Pharmaceutical Grade. NOW CoQ10 products contain only the natural, all-trans form of CoQ10 produced by fermentation.

