



BioGreens™ Organic

- Raw Superfood
- Finely Milled For Easy Mixing
- Organic Ingredients
- Non-GMO

Net Wt. 3.7 oz. (105 g)
Dietary Supplement



Dairy
Free

Soy
Free

Nut
Free



Supplement Facts

Serving Size 1 Scoop (7 g)
Servings Per Container: About 15

	Amount Per Serving	% Daily Value
Calories	30	
Sodium	10 mg	<1%*
Potassium	100 mg	3%†
Total Carbohydrate	7 g	2%†
Dietary Fiber	2 g	8%†
Protein	2 g	4%†
Vitamin A	1,154 IU	23%
Vitamin C	13 mg	22%
Calcium	27 mg	3%
Iron	650 mcg	4%

Organic Grass Blend 2,150 mg *
Alfalfa grass (*Medicago sativa*), barley grass
(*Hordeum vulgare*), wheat grass (*Triticum durum*),
oat grass (*Avena sativa*), kamut (*Triticum polonicum*).

Organic Algae Blend 1,000 mg *
Spirulina (*Spirulina maxima*), chlorella (*Chlorella vulgaris*)

Organic Vegetable Blend 1,550 mg *
Pea (*Pisum sativum*), beet (*Beta vulgaris L.*),
kale (*Brassica oleracea acephala*), carrot (*Daucus carota
sativus*), broccoli (*Brassica oleracea italica*), spinach
(*Spinacia oleracea*), parsley (*Petroselinum crispum*), dulse
(*Palmaria palmata*), brussels sprouts (*Brassica oleracea
gemmifera*).

Organic Sprouts Blend 1,500 mg *
Broccoli sprout (*Brassica oleracea italica*),
chia seed (*Salvia hispanica*), flax seed
(*Linum usitatissimum*), radish sprout (*Raphanus sativus*).

	Amount Per Serving	% Daily Value†
Organic Berry Blend 500 mg *		
Blueberry (<i>Vaccinium angustifolium</i>), strawberry (<i>Fragaria virginiana</i>), raspberry (<i>Rubus idaeus</i>), cranberry (<i>Vaccinium macrocarpon</i>).		
Organic Spice Blend 250 mg *		
Turmeric (<i>Curcuma longa</i>) (root), cinnamon (<i>Cinnamom cassia</i>) (bark), ginger (<i>Zingiber officinale</i>) (root)		

†Percent Daily Values are based on a 2,000 calorie diet.
*Daily Value not established.

Other Ingredients: Stevia extract.

Contains: Wheat.

Does not contain: Yeast, Corn, Soy, Dairy, Citrus, Fish, Animal
Derivatives, Preservatives, Artificial Colors or Flavors.

DIRECTIONS: As a dietary supplement, mix one (1) scoop (7 g) into 8 oz.
of water, juice, or other favorite liquid.

WARNING: Consult your healthcare provider prior to use if you are
pregnant, nursing, taking any medication or have any medical conditions.

• These statements have not been evaluated by the Food and
Drug Administration. This product is not intended to diagnose,
treat, cure or prevent any disease.

TYPICAL VITAMIN & MINERAL PROFILE PER 7 g OF POWDER

	Amount Per Serving	% Daily Value		Amount Per Serving	% Daily Value
Vitamin K	90 mcg	113%	Iodine	4 mcg	3%
Thiamin (Vitamin B1)	50 mcg	3%	Magnesium	10 mg	3%
Riboflavin (Vitamin B2)	110 mcg	6%	Zinc	16 mg	107%
Niacin	330 mcg	2%	Selenium	2 mcg	3%
Vitamin B6	50 mcg	3%	Copper	49 mcg	2%
Folic Acid	21 mcg	5%	Manganese	270 mcg	14%
Phosphorus	29 mg	3%			

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earth-friendly herbs, supplements and whole
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whole foods. That's why we leave out the "a"
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