

#1 Natural Prenatal Brand†



EcoGuard® Bottle
100% Recycled/ Recyclable

**Gentle on
Stomach**



35+ Mom & Baby™

Essential Pre & Postnatal Nutrition

Vegetarian

Food-Based Multivitamin Supplement

60 Tablets | One Tablet Per Day

Healthy Mom, Healthy Baby

Uniquely formulated for Moms aged 35+. Our complete multivitamin delivers scientifically-based potencies, nourishing superfoods, and a digestion-enhancing blend to ensure you get the best nutrition for you and your baby:

- Lutein, choline & folate support your baby's healthy neural tube & brain development.*
- Chromium may help maintain healthy blood sugar levels.*
- Easy to digest & absorb with probiotics & plant-source enzymes.*

SUGGESTED USAGE: Take 1 tablet daily.

Purity
SafeGuard®

Made with natural, purity-tested ingredients and NO artificial preservatives, colors, flavors or sweeteners. Contains NO: gluten, wheat, milk, tree nuts, peanuts, soy, eggs, fish, shellfish.

Keep in a cool, dry place. Exposure to moisture may cause discoloration. Consult your health care professional prior to use if you are taking medication or have a medical condition.

Warning: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Supplement Facts

Serving Size: 1 Tablet
Servings per Container: 60

Amount Per Serving	%DV†	Amount Per Serving	%DV†
Vitamin A (as Beta-Carotene)	3,500 IU 44%	Manganese (as Amino Acid Chelate)	3 mg *
Vitamin C (as Ascorbic Acid)	100 mg 167%	Chromium (as Amino Nicotinate)	300 mcg *
Vitamin D (as D3 Cholecalciferol)	800 IU 200%	Molybdenum (as Amino Acid Chelate)	75 mcg *
Vitamin E (as d-Alpha Tocopheryl Succinate)	30 IU 100%	Nourishing Greens & Superfoods	75 mg *
Vitamin K (as K1 [Phytonadione] and K2 [Menaquinone-7])	90 mcg *	Organic Spirulina, Kale [whole plant] Extract, Collards [leaf] powder, Prune [fruit] powder, Raisin [fruit] powder, Pomegranate [fruit] powder	
Thiamin (Vitamin B-1)	20 mg 1,176%	Brain & Eye Support Complex	26 mg *
Riboflavin	22 mg 1,100%	Choline (as Bitartrate), Lutein (free lutein from Marigold flowers), Zeaxanthin (isomers from Marigold flowers)	
Niacin (as Niacinamide)	30 mg 150%	Circulatory Support Complex	75 mg *
Vitamin B-6 (as Pyridoxine HCl)	20 mg 800%	Citrus Bioflavonoids, Hesperidin, Rutin	
Folate (as Folic Acid)	800 mcg 100%	Inositol	10 mg *
Vitamin B-12 (as Methylcobalamin)	300 mcg 3,750%	Digestion & Absorption Enhancing Blend	75 mg *
Biotin	300 mcg 100%	Chamomile [flower] 4:1 Extract (25 mg*), Ginger [rhizome] Fresh Juice 10:1 Extract (20 mg*), Betaine HCl (10 mg*)	
Pantothenic Acid (as Calcium Pantothenate)	20 mg 200%	ProbiActive™ (<i>Bacillus coagulans</i>)	100,000,000 CFU† *
Calcium (as Mineral-Rich, Red Algae)	90 mg 7%	Protease (540 HUT*), Amylase (42 DU*), Lipase (0.5 FIP*), Cellulase (0.5 CU*)	
Iron (as Amino Acid Chelate)	30 mg 167%	Organic Lavender [flowers] powder	2 mg *
Iodine (from inactivated <i>S. cerevisiae</i>)	150 mcg 100%		
Magnesium (as Oxide)	50 mg 11%		
Zinc (as Amino Acid Chelate)	15 mg 100%		
Selenium (as Selenomethionine)	200 mcg *		
Copper (as Amino Acid Chelate)	1.5 mg 75%		

Other Ingredients : microcrystalline cellulose, stearic acid, modified cellulose. Coating: vegetable glaze. †† At time of manufacture.

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†SPINS Data