

TRY OUR PRE-WORKOUT & OTHER TMRFIT™ PRODUCTS!

Supplement Facts		
Serving Size 1 packet (24g) Servings Per Container 1		
Amount Per Serving		%DV
Calories	35	
Total Carbohydrate	9g	3%*
Sugars	2g	
Calcium	50mg	5%
Magnesium (from ConcenTrace®)	30mg	8%
Sodium	5mg	<1%
BCAA 3:1:1 Blend	5g	†
L-Leucine, L-Isoleucine, L-Valine.		
CarnoSyn® Beta-Alanine	2g	†
L-Glutamine	2g	†
Betaine	1.5g	†
Taurine	1g	†
Creatine Monohydrate	1g	†
AAKG L-Arginine	500mg	†
Organic Beet Root Powder	500mg	†
HMB (as Calcium beta-hydroxy-beta-methylbutyrate)	500mg	†
ConcenTrace® Electrolyte Blend	500mg	†
A complex of over 72 naturally occurring ionic trace minerals from the Great Salt Lake.		
* Percent Daily Values (DV) are based on a 2,000 calorie diet.		
† Daily Value (DV) not established.		

NOTICE: Consult a health care professional prior to use if you are pregnant, nursing, under the age of 18, have any known or suspected medical conditions, and/or if you are taking any prescription or OTC medications. **KEEP OUT OF REACH OF CHILDREN.**

Other Ingredients: Tapioca starch, certified organic cane sugar, natural strawberry and citrus flavors (lemon, lime), citric acid, stevia leaf extract, silica.

Allergen Info: contains no known allergens. **GLUTEN FREE.**

Suggested Use: Open packet, add contents to 16-20 oz of water and mix well. Take within 30-45 minutes after workout for best results. **CERTIFIED VEGAN.**

‡These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



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POST WORKOUT

ALANINE

TMRFIT SERIES

FLAVOR

STRAWBERRY LEMONADE

NON-GMO

NET WT 0.85 OZ (24 g)

DIETARY SUPPLEMENT

PACKETS

EASY SINGLE-SERVING

FLAVORS OR SWEETENERS

NO ARTIFICIAL COLORS,

WITH CONCENTRACE®

SUPERCARGED

RECOVERY†

STRENGTH†

ENDURANCE†