

KEEP OUT OF REACH OF CHILDREN.
Store in a cool, dry place.
For More Information:
1-888-462-2548

SHOP NOW @ GNC.COM

Distributed by:
General Nutrition Corporation
Pittsburgh, PA 15222

* This statement has not been
evaluated by the Food and Drug
Administration. This product is not
intended to diagnose, treat, cure, or
prevent any disease.



GNC

WOMEN'S Hair, Skin & Nails Formula

Dietary Supplement

**SUPPORTS BEAUTY
FROM WITHIN***

- 3,000 mcg of Biotin
- Skin Support
- Antioxidants



PHYSICIAN
ENDORSED*

60 TABLETS

CODE 210212

Directions: As a dietary supplement, take two tablets daily with food.

Supplement Facts

Serving Size Two Tablets
Servings Per Container 30

Amount Per Serving	% Daily Value
Vitamin A 5000 IU 100%	
(50% as beta-Carotene; 50% as Retinyl Acetate)	
Vitamin C (as Calcium Ascorbate) 120 mg 200%	
Vitamin D (as Cholecalciferol D-3) 200 IU 50%	
Vitamin E 30 IU 100%	
(as Natural d-alpha Tocopheryl Acetate)	
Thiamin (Vitamin B-1) 1.5 mg 100%	
(as Thiamin Mononitrate)	
Riboflavin (Vitamin B-2) 1.7 mg 100%	
Niacin (as Niacinamide) 20 mg 100%	
Folic Acid 200 mcg 50%	
Biotin 3000 mcg 1000%	
Pantothenic Acid 13.5 mg 135%	
(as Calcium d-Pantothenate)	
Calcium (as Calcium Carbonate) 200 mg 20%	

Amount Per Serving	% Daily Value
Phosphorus 100 mg 10%	
(as Dicalcium Phosphate)	
Zinc (as Zinc Oxide) 15 mg 100%	
L-Cysteine 200 mg *	
MSM (Methylsulfonyl-methane) 100 mg *	
Hydrolyzed Gelatin 100 mg *	
L-Methionine 50 mg *	
alpha-Lipoic Acid 10 mg *	
DMAE (Dimethylaminoethanol) 10 mg *	
Green Tea Leaf Extract 10 mg *	
(<i>Camellia sinensis</i>)	
Horsetail Rush Stems 3 mg *	
(<i>Equisetum arvense</i>)	
Boron (as Boron Citrate) 1 mg *	
Pantethine 1.5 mg *	
Lutemax 2020™ Lutein 500 mcg *	
Zeaxanthin 100 mcg *	

* Daily Value not established.

Other Ingredients: Cellulose, Stearic Acid Vegetable Source, Magnesium Stearate Vegetable Source, Titanium Dioxide (Natural Mineral Whitener), Natural Vanilla Flavor, Vegetable Acetoglycerides, Chlorophyllin, Sucralose.

CONTAINS: Fish and Soybeans.

WARNING: Consult your physician prior to using this product if you are pregnant, nursing, taking medication, or have a medical condition. Discontinue use two weeks prior to surgery.

No Artificial Colors, No Artificial Flavors, No Wheat, Gluten Free, No Dairy, Yeast Free.

*This product is endorsed by the GNC Medical Advisory Board.

Lutemax 2020™ is a trademark of OmniActive Health Technologies.

AQG



GLUTEN
FREE