

Suggested Usage: Take 2 capsules 1 to 2 times daily.

NOW® Vegetarian Glucosamine & MSM combines two well-known joint support ingredients in a vegetarian/vegan friendly formula that does not include shellfish-derived Glucosamine.* Glucosamine is an essential building block for the formation of glycosaminoglycans (GAGs) and proteoglycans, the main components of cartilage tissue.* These compounds attract water to form a joint cushion, providing lubrication and shock absorption.* MSM (Methylsulfonylmethane) is an organic form of sulfur, a mineral necessary for the production of GAGs and proteoglycans.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

CAPSULE SIZE

Caution: For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition (especially glaucoma). Keep out of reach of children. Natural color variation may occur in this product.

CODE 3130B V5



7 33739 03130 3



Vegetarian Glucosamine & MSM

Joint Health*

Joint Mobility and Comfort*

120 Veg Capsules

A Dietary Supplement Vegetarian/Vegan



Non-GMO

General Health

Family owned since 1968.

Supplement Facts

Serving Size 2 Veg Capsules
Servings Per Container 60

Amount Per Serving

GreenGrown® Glucosamine HCl	1 g (1,000 mg)*
MSM (Methylsulfonylmethane)	1 g (1,000 mg)*

* Daily Value not established.

Other ingredients: Cellulose (capsule), Stearic Acid (vegetable source), Magnesium Stearate (vegetable source) and Silica.

NOW FOODS, 395 S. Glen Ellyn Rd.

Bloomington, IL 60108, USA nowfoods.com

Not manufactured with wheat, gluten, soy, milk, egg, fish, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

NOW Foods developed the glucosamine test method chosen as the official AOACI industry standard method.

The Glucosamine used in this product is derived from a Non-GMO corn source.

GreenGrown® and the GreenGrown® logo are registered trademarks of Ethical Naturals, Inc.

Store in a cool, dry place after opening.

Please Recycle.

