Suggested Usage: Take 1 capsule 1 to 2 times daily, preferably with food.

Alpha Lipoic Acid (ALA) is naturally produced in the human body in very small amounts, but is also available in some foods. ALA is unique in that it can function in both water and fat environments.* ALA promotes the production of glutathione and can also recycle vitamins C and E, thereby enhancing their antioxidant activities.* ALA helps to promote the maintenance of healthy neural tissues in conjunction with its support of proper glucose metabolism and cardiovascular function.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Caution: For adults only. Consult physician if pregnant/nursing, taking medication (especially insulin or anti-diabetes drugs), or have a medical condition (especially diabetes). Keep out of reach of children.

Do Not Eat Freshness Packet. Keep in Bottle.

Natural color variation may occur in this product.

Store in a cool, dry place after opening.

Please Recycle.

CAPSULE SIZE

CODE 3045B V6

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NOW®

Extra Strength

Alpha Lipoic Acid

600 mg

Free Radical Scavenger*

With Grape Seed Extract & Bioperine®

120 Veg Capsules

A Dietary Supplement Vegetarian/Vegan

General Health

Family owned since 1968.

Supplement Facts

Serving Size 1 Veg Capsule

	Amount Per Serving	% Daily Value
Alpha Lipoic Acid (Granules)	**600 mg**	†
Grape Seed Extract (*Vitis vinifera*) (Standardized for Polyphenols)	30 mg	†
Bioperine®	5 mg	†

† Daily Value not established.

Other ingredients: Cellulose (capsule), Cellulose Powder, Magnesium Stearate (vegetable source) and Silica.

NOW FOODS, 395 S. Glen Ellyn Rd.
Bloomingdale, IL 60108, USA nowfoods.com

Not manufactured with wheat, gluten, soy, milk, egg, fish, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

This extra strength product has more Alpha Lipoic Acid (600 mg per capsule) than our regular strength product (100 mg per capsule).

Bioperine® is a registered trademark of Sabinsa Corporation.

QUALITY GMP CERTIFIED