

Suggested Usage: Take 1 capsule daily.

Alpha Lipoic Acid (ALA) is naturally produced in the human body in very small amounts, but is also available through food sources. ALA is unique because it supports the body's free radical scavenging systems and can function in both water and fat environments.* ALA can also recycle the antioxidant Vitamins C and E, thereby extending their activities.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Caution: For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition.
Keep out of reach of children.

Do Not Eat Freshness Packets.
Keep in Bottle.

Natural color variation may occur in this product.

CAPSULE SIZE

CODE 3042B V3



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Alpha Lipoic Acid 250 mg

Free Radical Scavenger*

Supports Glutathione Production*
60 Veg Capsules



A Dietary Supplement Vegetarian/Vegan



General Health

Family owned since 1968.

Supplement Facts

Serving Size 1 Veg Capsule

Amount Per Serving

Alpha Lipoic Acid	250 mg*
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* Daily Value not established.

Other ingredients: Rice Flour, Vegetable Polysaccharide (capsule), Magnesium Stearate (vegetable source) and Silica.

NOW FOODS, 395 S. Glen Ellyn Rd.
Bloomington, IL 60108, USA nowfoods.com

Not manufactured with wheat, gluten, soy, milk, egg, fish, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

Store in a cool, dry place after opening.
Please Recycle.

