

GRAPE FROST
NATURALLY AND ARTIFICIALLY FLAVORED



SPEED SHOT



250MG
CAFFEINE

0G
SUGAR

8.5 FL OZ [251 mL]
DIETARY SUPPLEMENT

SHAKE WELL BEFORE USE.
STORE IN A COOL, DRY PLACE.
REFRIGERATE AFTER OPENING.
TAMPER EVIDENT - PURCHASE ONLY IF SEAL IS INTACT.

▲ THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

ADVANTRA Z
Zephron, LLC, Vermont, U.S.A. has licensed Citrus Aurantium patents to Nutratech, Inc. (U.S. Patents 6,224,873; 6,316,499; 6,340,452). Nutratech is the exclusive worldwide distributor of the only patented Citrus Aurantium ingredient, Advantra Z[®], which is a registered trademark of Nutratech, Inc.

CarnoSyn
CarnoSyn[®] trademark and patents owned by Natural Alternatives International, Inc.



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ME 50
CA CRV

POTENT PRE-WORKOUT[▲] support in a concentrated ready to drink formula that delivers big-time energy while stoking thermogenesis with 250 mg of caffeine[▲]. All that in an 8.5 fluid ounce swig that won't weigh you down with any calories. A.B.B.'s got it going on for gym proven greatness.

WARNING: THIS PRODUCT CONTAINS BETA-ALANINE, CAFFEINE AND SYNEPHRINE. NOT INTENDED FOR USE BY PERSONS UNDER AGE 18. DO NOT TAKE WITH ALCOHOL. DO NOT TAKE WITH ANY OTHER MEDICATIONS CONTAINING CAFFEINE OR CAFFEINE. DO NOT USE FOR MORE THAN 8 WEEKS. CONSULT YOUR PHYSICIAN PRIOR TO USE IF YOU ARE PREGNANT OR NURSING, OR IF YOU ARE TAKING MEDICATION, INCLUDING BUT NOT LIMITED TO, MAOI INHIBITORS, ANTIDEPRESSANTS, ASPIRIN, NONSTEROIDAL ANTI-INFLAMMATORY DRUGS OR PRODUCTS CONTAINING PHENYLEPHRINE, EPHEDRINE, PSEUDOEPHEDRINE, OR OTHER STIMULANTS. CONSULT YOUR PHYSICIAN PRIOR TO USE IF YOU ARE TAKING MEDICATIONS FOR HIGH BLOOD PRESSURE, HEART DISEASE, EPILEPSY, GLAUCOMA, ENLARGED PROSTATE OR GLAUCOMA. DISCONTINUE 2 WEEKS PRIOR TO SURGERY OR IF YOU EXPERIENCE RAPID HEARTBEAT, DIZZINESS, SEVERE HEADACHE OR SHORTNESS OF BREATH. BETA-ALANINE MAY CAUSE A HARMLESS, TEMPORARY TINGLING OR FLUSHING SENSATION. DO NOT COMBINE WITH ALCOHOL. DO NOT EXCEED 2 BOTTLES WITHIN ANY 24 HOUR PERIOD. CONSUMED AT LEAST 4 HOURS APART. CONSUME AS PART OF A HEALTHY DIET AND EXERCISE PROGRAM, AND DRINK AT LEAST 100 FL OZ OF WATER PER DAY. EXERCISE MAY INCREASE YOUR NEED FOR FLUID INTAKE.

MADE IN THE USA

This product contains ingredients of international and domestic origin.

AMERICANBODYBUILDING.COM
1-866-353-9222

RECOMMENDED USE:

For Pre-Workout Energy*: Consume up to 1 bottle approximately 30 minutes prior to exercise. For Daily Energy and Alertness*: Consume up to 1 bottle with food.

Supplement Facts

Serving Size 1 Bottle (8.5 fl oz)

Amount Per Serving		% Daily Value
Sodium	5 mg	<1%
Potassium	65 mg	2%

Proprietary Speed Shot[®] Blend 2 g **
Beta-Alanine (as CarnoSyn[®]), Caffeine Anhydrous[†], Taurine, DMAE (2-Dimethylaminoethanol) Bitartrate, Citrulline Malate, Evodiamine, N-Acetyl L-Tyrosine, Bitter Orange Extract (*Citrus aurantium*) (fruit) (standardized for synephrine) (Advantra Z[®])^{††}, Yohimbe Extract (bark) (standardized for 8% yohimbine), Yerba Mate Extract (*Ilex paraguariensis*) (leaf) (standardized for caffeine)[†], Cocoa Extract (*Theobroma cacao*) (fruit) (standardized for theobromine), Guarana Extract (*Paullinia cupana*) (seed) (standardized for caffeine)[†], Acai Berry Extract (*Euterpe oleracea*) (fruit), White Tea Powder (leaf), Asian Ginseng Root Extract, Grape Seed Extract, Green Coffee Bean Extract, Vinpocetine

** Daily Value not established.

OTHER INGREDIENTS: Triple Filtered Water, Natural and Artificial Flavor, Phosphoric Acid, Malic Acid, Tartaric Acid, Potassium Sorbate and Potassium Benzoate (as preservatives), Sucralose, Red 40, Blue 1.

Manufactured by:
AMERICAN BODY BUILDING PRODUCTS
3500 Lacey Road, Suite 1200
Downers Grove, IL 60515

CAUTION

[†]TOTAL CAFFEINE FROM ALL SOURCES IS 250 MG PER BOTTLE.
^{††}TOTAL SYNEPHRINE FROM BITTER ORANGE IS 25 MG PER BOTTLE.