



# Carlson

## Norwegian Cod Liver Oil

### Omega-3s EPA & DHA



*Fruit Splash  
Flavor*

DIETARY SUPPLEMENT

Promotes Heart, Brain, Vision  
and Joint Health\*

8.4 fl oz (250 mL)

\*This statement has not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.

*Carlson.*

The Finest Norwegian Cod Liver Oil

## Supplement Facts

Serving Size 1 Teaspoonful (5 ml)

Servings Per Container 50

|                                                       | Amount Per Teaspoonful | % DV  |
|-------------------------------------------------------|------------------------|-------|
| Calories                                              | 45                     |       |
| Calories from Fat                                     | 45                     |       |
| Total Fat                                             | 5 g                    | 8% ** |
| Saturated Fat                                         | 1 g                    | 5%    |
| Cholesterol                                           | 20 mg                  | 7%    |
| Vitamin A                                             | 850 IU                 | 17%   |
| Vitamin D3                                            | 400 IU                 | 100%  |
| Vitamin E (as d-alpha tocopherol & mixed tocopherols) | 10 IU                  | 33%   |
| Omega-3 Fatty Acids*                                  | 1,100 mg               | †     |
| DHA (Docosahexaenoic Acid)*                           | 500 mg                 | †     |
| EPA (Eicosapentaenoic Acid)*                          | 400 mg                 | †     |
| 100% Norwegian Cod Liver Oil                          | 4.6 g                  | †     |

\*\* Percent Daily Values are based on a 2000 calorie diet.  
† Daily Value (DV) not established. \*Reported as triglycerides.

Other ingredients: Fruit flavors. Contains fish (cod).

**Directions:** Take one teaspoonful daily **at mealtime**. After initially opening the bottle, keep refrigerated and preferably use within 100 days.

✓ **Gluten-free** ✓ **Preservative-free**

**PURITY GUARANTEED**

This product is regularly tested (using AOAC international protocols) for freshness, potency and purity by an independent, FDA-registered laboratory and has been determined to be fresh, fully-potent and free of detrimental levels of mercury, cadmium, lead, PCBs and 28 other contaminants.

Manufactured & bottled in Norway for J. R. Carlson Laboratories, Inc.  
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