

Trace Minerals



RESEARCH



Fast-Absorbing

Liquid

Magnesium

300 mg

Tangerine Flavor

- Certified Vegan
- Gluten Free

DIETARY SUPPLEMENT
NET 2 FL OZ (59 mL)

liqui**j**mins™

Supplement Facts

Serving Size 1 tbsp, Servings Per Container 4, Amount per serving:
 Calories 15, Total Carbohydrate 3g (1% DV*), Sugars 3g, Magnesium (from Citrate, ITM) 300mg (75% DV), Chloride (from ITM) 35mg (1% DV), Ionic Trace Minerals (ITM) 100mg**.

*Percent Daily Values (DV) are based on a 2,000 calorie diet.

**Daily Value (DV) not established.

Other Ingredients: Purified water, xylitol, natural tangerine flavor, citric acid, stevia leaf, xanthan gum, potassium sorbate (for freshness).



cGMP

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r-M11Y15

Allergen Info: contains no known allergens. GLUTEN FREE.

Also contains over 72 naturally-occurring ionic trace minerals.

Liquid Magnesium is a great tasting dietary supplement containing a special blend of magnesium citrate and magnesium chloride from Ionic Trace Minerals to help you maintain healthy levels of magnesium in the body.†

Suggested Use: SHAKE WELL. Take 1 tbsp daily to top off or fully supplement your diet. Reduce serving to ½ tbsp if this is your first time taking Liquid Magnesium. Mix with water, your favorite beverage or take straight. Excess magnesium may cause a laxative effect. **REFRIGERATE AFTER OPENING.**

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

LQM Sample



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