

Trace Minerals



R E S E A R C H



Fast-Absorbing

Glucosamine/ Chondroitin/MSM

Nutritional support for healthy joints and connective tissue with ionic minerals from Ionic Trace Minerals.[†]



Great Taste!

liqui^{mins}™

NET 32 FL OZ (1 QT) 946 mL • DIETARY SUPPLEMENT

Supplement Facts

Serving Size 2 tbsp. (1 capul = 2 tbsp.)

Servings Per Container 32

Amount Per Serving		%DV
Calories	35	
Total Carbohydrate	8g	3%*
Sugars (Natural juice concentrate)	8g	
Magnesium (from ITM)	35mg	9%
Chloride (from ITM)	175mg	5%
Sodium	75mg	3%
Potassium	200mg	6%
Glucosamine Sulfate	1500mg	**
MSM (Methyl-Sulfonyl-Methane)	1000mg	**
Chondroitin Sulfate	750mg	**
Ionic Trace Minerals (ITM)	450mg	**
Sulfate (from Glucosamine, Chondroitin, ITM)	230mg	**
Boron (from ITM)	0.2mg	**

* Percent Daily Values (DV) are based on a 2,000 calorie diet.

** Daily Value (DV) not established.

Other Ingredients: Purified water, natural vegetable glycerine, natural fruit juice concentrate, natural blueberry flavor, citric acid, xanthan gum, potassium sorbate and potassium benzoate (for freshness).

Allergen Info: contains shellfish (crab, shrimp). **GLUTEN FREE.** Also contains over 72 naturally occurring ionic trace minerals.

LGM 32 oz

LOT#/BEST BY DATE



Glucosamine/Chondroitin/MSM (Methyl-sulfonyl-methane) is a dietary supplement that provides nutritional support for joints and connective tissue.[†] Glucosamine sulfate combined with chondroitin supplies cartilage with the vital building blocks it needs to stay supple and healthy.[†] MSM is a natural sulfur compound the body critically needs to maintain proper joint health.[†] Supercharged with Ionic Trace Minerals, this formula provides your body with the nutrients it needs to support healthy joints and connective tissue.[†]

Suggested Use: SHAKE WELL. Take 1 to 2 tbsp. daily (1 capul = 2 tbsp.) alone or mixed into water or your favorite beverage. Rinse cap after each use. **REFRIGERATE AFTER OPENING.**

[†]These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



Trace Minerals Research
P.O. Box 429
Roy, Utah 84067
www.traceminerals.com
(801) 731-6051



r-M12Y15

