

# OAT GLYCERITE

*Avena sativa*

**Support for  
Stress and Nervous  
System\***

2 fl. oz. (60 mL)  
HERBAL SUPPLEMENT

HERBALIST  
**H&A**  
ALCHEMIST

Suggested use: 100-140 drops (5-7 mL)  
in juice or water. Take 4 times per day.  
Shake well before using.

## Supplement Facts

Serving size 140 drops (7 mL)  
Servings per container about 9

| Amount Per Serving | % Daily Value |
|--------------------|---------------|
|--------------------|---------------|

|          |    |
|----------|----|
| Calories | 25 |
|----------|----|

|                     |    |     |
|---------------------|----|-----|
| Total Carbohydrates | 5g | 2%* |
|---------------------|----|-----|

|                                |       |
|--------------------------------|-------|
| Fresh Oat milky seed ♦ extract | 7 mL† |
|--------------------------------|-------|

† Daily value not established.

\* Percent Daily Values are based on a  
2000 calorie diet.

Other ingredients: Vegetable  
glycerin, distilled water.

Botanical Preparation Ratio 1:2.5

♦ Certified Organic

KEEP OUT OF CHILDREN'S REACH

\*This statement has not been  
evaluated by the FDA. This  
product is not intended to  
diagnose, treat, cure or prevent  
any disease.

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