

This product has been developed, manufactured and packaged by Vitamin World. Our world-class facilities allow us to control exactly what goes into each product. It is your assurance that you are getting the highest quality and freshest products. *You have our guarantee!*

No Artificial Color, Flavor or Sweetener, No Preservatives, No Sugar, No Milk, No Lactose, No Soy, No Gluten, No Wheat, No Yeast, No Fish. Sodium Free.

**WARNING:** If you are pregnant, nursing or taking any medications, consult your doctor before use. Avoid this product if you have Wilson's disease. Discontinue use and consult your doctor if any adverse reactions occur. Keep out of reach of children. Store in a cool, dry place. Do not use if seal under cap is broken or missing.

TO REORDER PROD. # **1330**  
**www.vitaminworld.com**  
**1-800-228-4533**

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**VITAMIN WORLD®**  
*get healthy.*

# Amino Acid Chelated Copper

## 2 mg

*Assists Iron in the Release of Energy\**

**Vegetarian Dietary Supplement**

**100**  
**TABLETS**

**DIRECTIONS:** For adults, take one (1) tablet daily, preferably with a meal.

## Supplement Facts

Serving Size 1 Tablet

| Amount Per Serving             | %Daily Value |      |
|--------------------------------|--------------|------|
| Copper                         | 2 mg         | 100% |
| (as Copper Amino Acid Chelate) |              |      |

**Other Ingredients:** Dicalcium Phosphate, Vegetable Cellulose, Calcium Silicate, Silica, Vegetable Magnesium Stearate.

Copper is an essential trace mineral that can be found in your bones, muscles, blood and brain. This important nutrient assists iron in the body's process for releasing energy.\* In addition, Copper is critical to many enzymes, especially enzymes associated with heart health.\*

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.