### DHA 250 Smart Essentials"

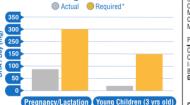
Supplement Facts Serving Size 1 Softgel		
Amount Per Serving	%D\	
Vitamin E (as d-alpha Tocopheryl Succinate)30 IU Folic Acid200 mcg		
Choline (as Bitartrate)	: ;	

Other ingredients: soybean oil, yellow beeswax, ascorbyl palmitate.

Softgel capsule: gelatin, glycerin, water, natural orange oil, natural caramel color, carob, titanium dioxide. Contains anchovy, sardine and mackerel.

SUGGESTED USAGE: For pure and potent protection, take one softgel per day with or between meals.

## Actual vs. Target Intakes for DHA



\* Daily Value (DV) not established. 300 mg/day has been recommended by a panel of experts in lipid nutrition as the

optimal level for pregnant & nursing women. GUARANTEE: 100% Natural - Free of artificial colors, flavors. sweeteners, preservatives and other objectionable additives often found in vitamin products. Contains no sugar, lactose,

wheat, gluten or yeast Rev 2 0-1

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose call a doctor or poison control center immediately.

### Prenatal One™ Multivitamin

#### Supplement Facts Serving Size 1 Tablet

	. % DV for Pregnant
Amount	Per Serving or Lactating Wome
Vitamin A (as Palmitate 2,000 IL	J,
Beta-Carotene 2,000 IU)	4,000 IU50%
Vitamin C (as Ascorbic Acid)	100 mg 167%
Vitamin D (as Ascorbic Acid) Vitamin D (as D2 Ergocalciferol)	400 IŪ 100%
Vitamin E (as d-alpha	
Tocopheryl Succinate)	100 IU 333%
Vitamin K (as Phytonadione)	65 mcg
Thiamin (Vitamin B-1)	588% mg
Niacin (as Niacinamide)	20 mg 100%
Vitamin B-6 (as Pyridoxine)	15 mg 600%
Folic Acid	800 mcg 100%
Nilacin (as Nilacinamide) Vitamin B-6 (as Pyridoxine) Folic Acid Vitamin B-12 (as Cyanocobalam Biotin Pantothenic Acid (Vitamin B-5)	in) 25 mcg 313%
Biotin	300 mcg 100%
Pantothenic Acid (Vitamin B-5) -	15 mg 150%
Calcium	
(as Carbonate, Citrate-Malate)-	15%
Iron (as Amino Acid Chelate)	167% mg
Iodine (from Kelp)	150 mcg 100%
Magnesium (as Oxide)  Zinc (as Citrate)  Selenium (as Selenomethionine	22%
Zinc (as Citrate)	15 mg 100%
Selenium (as Selenomethionine)	100 mcg
Copper (as Amino Acid Chelate)	2 mg 100%
Copper (as Amino Acid Chelate) Manganese (as Citrate)	2 mg
Chromium (as Amino Nicotinate	) 120 mcg
Molybdenum	
(as Amino Acid Chelate)	75 mcg
Potassium (as Citrate)	10 mg
Potassium (as Citrate)	25 mg
Choline (as Bitartrate)	10 mg
Innsital	10 mg
Boron (as Glycinate) Gentle Prenatal Blend	1 mg
Gentle Prenatal Blend	90 mg
(equivalent to 320 mg food & I	nerbal powder)
Red Raspberry [leaf] 2:1 Extra	ct. Ginger [rhizome]
Red Raspberry [leaf] 2:1 Extra Fresh Juice 10:1 Extract, Organ	nic Spirulina
Complete Digestive Support	
Protease	660 HUT
Amylase	226 DU
linase	2
Cellulase	3 CII

\*Daily Value (DV) not established. Other ingredients: natural mineral or vegetable source

Sporogenes ----- 25,000,000 CFU -

microcrystalline cellulose, stearic acid (vegetable), modified cellulose, silica, magnesium stearate. Coating: vegetable food glaze. Contains soy lecithin in vegetable glaze

Guaranteed 100% animal-free.

Lactobacillus

Rev. 3. 0-0

take one tablet per day with or between meals.

SUGGESTED USAGE: For pure and potent protection, 2 bottles RAINBOW inside!

# COMPLETE **PRENATAL CARE**



NATURALS

## Prenatal One Multivitamin





**DHA 250** Smart Essentials™



Dietary Supplement

Tablets

Dietary Supplement

**DHA 250** Prenatal One Smart Essentials™ Multivitamin

Selling

PRENATAL CARE

Optimal Care for Mom & Baby

RAINBOW

COMPLETE

NATURALS

**Additional Brain** 

Support Nutrients

**Optimal Potency & Purity** 

Feel the Difference!

Natura Prenatal Brand

NATURALS

100% Natural Gentle on the Stomach

**Easiest Digestion** 

30 Softgels

Dietary Supplement

## Prenatal One™ Multivitamin

Complete profile of essential nutrients for the health of mom and baby throughout pregnancy and nursing, with: Research-based potencies of essential

nutrients such as iron, folic acid & Vitamin D to support healthy fetal development\* and complete B-complex support balanced energy and enhanced immune function for mom. Gentle Prenatal Blend of nourishing botanicals, traditionally used during pregnancy, including fresh ginger juice plus probiotics to help soothe digestion.

## DHA 250 Smart Essentials

Powerful support for optimal cognitive development and age-related brain health concerns – in just one softgel per day!

Delivers targeted nutrients and highly concentrated omega-3 essential fatty acids with no "fishy" aftertaste, featuring Brain-Building Nutritional Blend including

250 mg DHA, which supports normal development of the brain, eyes and nerves with folic acid, choline, EPA and vitamin E to support brain and heart health.\* Optimal Potency - when combined with average daily dietary intake of 50 mg DHA

safely meets expert-recommended 300 mg/day for pregnant and nursing moms. Exceptional Purity - molecularly distilled to remove any contaminants including heavy



oil eliminates "fishy" aftertaste and stimulates

\* These statements have not been evaluated by the Food

and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.