



Manufactured by:
Douglas Laboratories
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These softgels contain 100% pure, unrefined, organically grown flax seed oil that has been cold pressed.

Suggested Usage: As a dietary supplement, adults take 1 softgel daily or as directed by your healthcare professional.

KEEP OUT OF REACH OF CHILDREN.
For optimal storage conditions, store in a cool, dry place. (59°-77°F/15°-25°C) (35-65% relative humidity) Tamper resistant package, do not use if outer seal is missing.

FLX

Flax Seed Oil

A Dietary Supplement



100 Softgels

Supplement Facts

Serving Size 1 softgel • Servings Per Container 100

Amount Per Serving	%DV
Calories	9
Calories from Fat	9
Total Fat.....	1 g 2%†
Saturated Fat	0 g 0%†
Polyunsaturated Fat.....	1 g *

Omega-3 fatty acids	550 mg *
(as alpha-linolenic acid)	
Omega-6 fatty acids (as linoleic acid) ..	160 mg *
Omega-9 fatty acids (as oleic acid)	180 mg *

†Percent Daily Values are based on a 2,000 calorie diet.

*Daily Value not established.

Other ingredients: Organic flax seed oil, gelatin (capsule), glycerin, caramel color and water.