



Trace Minerals



RESEARCH

Ionic Iron 22 mg

A unique blend maximizing
absorption, safety and flexibility*

liqui[®]mins™

DIETARY SUPPLEMENT
NET 1.9 FL OZ (56mL)



Supplement Facts

Serving Size 1.2 mL (approx. ¼ teaspoon)
Servings Per Container about 46

Amount Per Serving		%DV
Iron (as Ferrous Sulfate)	22 mg	122%
Magnesium (from ITM)	20 mg	5%
Chloride (from ITM)	15 mg	<1%
Sulfate (from FeSO ₄ & ITM)	45 mg	†
Boron (from ITM)	105 mcg	†

† Daily Value (DV) not established.

Other Ingredients: Purified water, Ionic Trace Minerals (ITM), citric acid, <0.1% potassium benzoate. **CERTIFIED VEGAN, NON-GMO.**
Allergen Info: contains no known allergens. **GLUTEN FREE.**



Ionic Iron is a rich, concentrated liquid dietary supplement that provides iron in an ionic form—the form most widely recognized by the body.* Research indicates that iron plays an important role in proper enzyme and cognitive function, energy production, and optimal immune system maintenance.* Also contains over 72 naturally occurring ionic trace minerals.

Suggested Use: Shake well. We recommend spreading the serving size throughout the day and taking it on a full stomach. Using the metered dropper, take 0.4-1.2mL daily with juice or food to mask the concentrated mineral flavor. **Refrigeration not necessary.**

***These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.**

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

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LOT# / BEST BY DATE

IRON 1.9oz

