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SUGGESTED USAGE: Take 1 softgel 1 to 3 times daily with food, or as directed by your healthcare practitioner.

HOW IT WORKS: Coenzyme Q₁₀, also called Ubiquinone, is present in almost all cells, where it is necessary for mitochondrial energy production.* The body's highest concentrations of Coenzyme Q₁₀ (CoQ₁₀) are found in the heart, where constant chemical energy availability is imperative.* In addition to its positive impact on cardiac function through energy production, CoQ₁₀ also functions as a powerful fat soluble free radical scavenger for vascular structures, as well as for other tissues.*

CAUTIONS/INTERACTIONS: Coenzyme Q₁₀ may interact with anticoagulant and antihypertensive medications, as well as with chemotherapy agents. Statin medications have been shown to decrease CoQ₁₀ levels in the body and CoQ₁₀ supplementation may be useful when taking these drugs. Consult your healthcare professional if you are taking any of these medications. For more information on this product go to www.protocolforlife.com/P3198

This bottle contains an Ageless® oxygen absorbing packet to ensure freshness. Do not eat packet.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

PROTOCOL
FOR LIFE BALANCE®

CoQ10
400 mg

- Supports Healthy Heart Muscle*
- With Vitamin E & Lecithin

60 Softgels

A Dietary Supplement



Supplement Facts

Serving Size 1 Softgel

	Amount Per Serving	% Daily Value
Calories	5	
Calories from Fat	5	
Total Fat	0.5 g	< 1%*
Vitamin E (as d-alpha Tocopherol)	30 IU	100%
Coenzyme Q ₁₀ (CoQ ₁₀)	400 mg	†
Soy Lecithin	35 mg	†

* Percent Daily Values are based on a 2,000 calorie diet.

† Daily Value not established.

Other ingredients: Rice Bran Oil, Softgel Capsule (gelatin, glycerin, water, carob) and Beeswax.

Protocol For Life Balance®

395 S. Glen Ellyn Rd., Bloomingdale, IL 60108, USA

Not manufactured with wheat, gluten, milk, egg, fish or shellfish ingredients. Produced in a GMP facility that processes other ingredients containing these allergens. PEG-free.

Protocol For Life Balance® CoQ₁₀ is a Pharmaceutical Grade natural, all-trans form produced by fermentation.

Store in a cool, dry place after opening. Please Recycle.