

theVitaminShoppe®
NEXT STEP™

I want
to burn
calories

LEAN N' GREEN™

Powered by green tea,
guarana & Chromax®

Supports weight management* • Promotes
thermogenesis* • Supports carbohydrate
metabolism* • Natural caffeine

90 Veggie Capsules
Dietary Supplement

Supplement Facts

Serving Size 1 Capsule
Servings Per Container 90

	Amount Per Serving	% Daily Value
Chromax® Chromium Picolinate	200 mcg	167%
Green Tea Extract (<i>Camellia sinensis</i>) (leaf) (Standardized to 10% caffeine)	250 mg	*
Caffeine Blend (Guarana Extract (<i>Paullinia sorbilis</i>) (seed) & Green Tea Extract (<i>Camellia sinensis</i>) (leaf))	100 mg	*

* Daily Value not established.

Other ingredients: Vegetable cellulose (capsule shell),
microcrystalline cellulose, stearic acid, magnesium stearate, silica.

Does not contain: Yeast, Corn, Wheat, Gluten, Sugar, Soy, Starch,
Dairy, Citrus, Fish, Animal Derivatives, Artificial Colors
or Flavors.

Directions: As a dietary supplement, take one (1) capsule daily,
preferably with a meal. Not recommended prior to sleep.

Warning: Consult your healthcare provider prior to use if you are
pregnant, nursing, taking any medication or have any medical
conditions.

* These statements have not been evaluated by the Food and
Drug Administration. This product is not intended to diagnose,
treat, cure or prevent any disease.

Chromax® is a registered trademark of Nutrition 21, Inc.

Distributed by Vitamin Shoppe, Inc. Secaucus, NJ 07094
Visit www.vitaminshoppe.com or call 1-800-223-1216
for more information and to reorder.

STORE IN A COOL, DRY PLACE
KEEP OUT OF REACH OF CHILDREN

TAMPER EVIDENT
Do not use if outer seal is broken or missing.

Item No.
VS-2870
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