

theVitaminShoppe[®]
NEXT STEP[™]

I want a
leaner body
and to feel
energized

**TONALIN[®] CLA
+ NATURAL CAFFEINE**

Clinically-studied Tonalin[®] helps reduce body fat & maintain lean muscle* • Increases thermogenesis* • Natural support for healthy weight management*

90 Softgels
Dietary Supplement

Supplement Facts

Serving Size 1 Softgel
Servings Per Container 90

	Amount Per Serving	% Daily Value†
Calories	10	
Calories from Fat	10	
Total Fat	1 g	2%
Tonalin [®] Proprietary Blend (from safflower seeds) providing 80% Conjugated Linoleic Acid (CLA)	1000 mg 800 mg	* *
Green Tea (<i>Camellia sinensis</i>) (leaf)	200 mg	*
(standardized to contain 50% caffeine)	100 mg	*

†Percent Daily Values are based on a 2,000 calorie diet.

* Daily Value not established.

Other ingredients: Gelatin, glycerin, beeswax, soybean oil, purified water, soy lecithin, caramel color, silicon dioxide.

Contains: Soy.

Directions: As a dietary supplement, take one (1) softgel three times daily, with meals. Not recommended prior to sleep.

Does not contain: Yeast, Corn, Wheat, Gluten, Sugar, Salt, Starch, Dairy, Citrus, Fish, Artificial Colors or Flavors Added.

Warning: Consult your healthcare provider prior to use if you are pregnant, nursing, taking any medication or have any medical conditions.

This product contains Tonalin[®] conjugated linoleic acid, an exclusively licensed product of BASF Personal Care and Nutrition GmbH.

Tonalin[®] CLA has been clinically shown to help reduce body fat and increase lean muscle. This product may support a weight management or diet program that includes regular exercise and a calorie restricted diet.*

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Distributed by: Vitamin Shoppe, Inc.

Secaucus, NJ 07094

Visit www.vitaminshoppe.com or call 1-800-223-1216 for more information and to reorder.

STORE IN A COOL, DRY PLACE.

KEEP OUT OF REACH OF CHILDREN.

TAMPER EVIDENT Do not use if outer seal is broken or missing.

Tonalin[®]
For reducing body fat

Item No.
VS-2860
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