

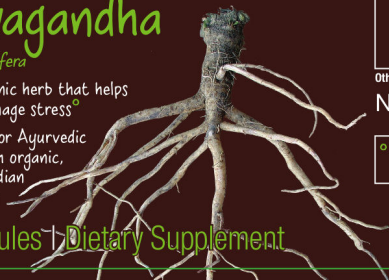


Ashwagandha

Withania somnifera

- An adaptogenic herb that helps the body manage stress^o
- Made to honor Ayurvedic tradition with organic, non-GMO Indian ashwagandha

90 Capsules | Dietary Supplement



Supplement Facts

Serving Size 1 Vegetarian Capsule
Servings Per Container 90

	Amount Per Serving	% Daily Value
Organic Ashwagandha (<i>Withania somnifera</i>) (Root)	380 mg	*
Ashwagandha Extract (<i>Withania somnifera</i>) (Root)	95 mg	*
Std to 1.5% Withanolides		

* Daily Value not established.

Other ingredient: Vegetable Cellulose.

NO Yeast, Corn, Wheat, Gluten, Sugar, Salt, Soy, Starch, Dairy, Citrus, Fish, Animal Derivatives, Preservatives, Artificial Colors, Artificial Flavors or Magnesium Stearate.

- o These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

DIRECTIONS: Take one (1) to three (3) vegetarian capsules daily without food, preferably early in the day.

WARNING: Not for use in pregnancy except under the supervision of a qualified healthcare practitioner. Consult your healthcare provider prior to use if you are nursing, taking any medications or have any medical condition (e.g., diabetes).

Distributed by: Vitamin Shoppe, Inc.
Secaucus, NJ 07094

Visit www.vitaminshoppe.com or call
1-800-223-1216 for more information and to
reorder.

STORE IN A COOL, DRY PLACE.
KEEP OUT OF REACH OF CHILDREN.

TAMPER EVIDENT: Do not use if
outer seal is broken or missing.



Item No.
VS-2673
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