



Fast-Absorbing Liquid

Cal/Mag/Zinc

Vitamin D, Premium Calcium, Magnesium,
and Zinc Complex with Ionic Trace Minerals.



liqui^{mins}[™]

Certified Vegetarian • Gluten Free

NET 32 FL OZ (1 QT) 946 mL • DIETARY SUPPLEMENT

Supplement Facts

Serving Size 2 tbsp. (1 capful=2 tbsp.)

Servings Per Container 32

Amount Per Serving		%DV
Calories	45	
Total Carbohydrate	13g	4%*
Sugars	8g	
Vitamin D3 (as Cholecalciferol)	400IU	100%
Calcium (as Tri-Calcium Phosphate, Citrate, Gluconate)	1200mg	120%
Iron	0.45mg	3%
Phosphorus (from Tri-Calcium Phosphate)	675mg	68%
Magnesium (from Magnesium Citrate, ITM)	600mg	150%
Zinc (as Zinc Gluconate)	15mg	100%
Chloride (from ITM)	60mg	2%
Sodium	5mg	<1%
Ionic Trace Minerals (ITM)	435mg	**
Boron (from ITM)	275mcg	**

*Percent Daily Value (DV) is based on a 2,000 calorie diet.

**Daily Value (DV) not established.

Other Ingredients: Purified water, natural vegetable glycerin, natural strawberry flavor, citric acid, phosphoric acid, xanthan gum, potassium benzoate, potassium sorbate (for freshness).

Allergen Info: contains no known allergens. **GLUTEN FREE.**

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

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Liquid Cal/Mag/Zinc is a complementary blend of premium forms of calcium, magnesium, and zinc that has been supercharged with Ionic Trace Minerals to help support the assimilation and absorption of these minerals in the body.[†] We've also included vitamin D to create a formula that provides complete nutrition to maintain bone, muscle, and connective tissue health.[†]

Suggested Use: SHAKE WELL. Take 1 to 2 tbsp. daily (one capful = 2 tbsp.) to top off or fully supplement your diet. Since this is a highly concentrated product, we recommend starting with 1 tablespoon and increase as needed, ideally spread throughout the day. We also recommend taking this product mixed into or with a large glass of liquid for the best isotonic balance. Excess magnesium may cause a laxative effect. Rinse cap after each use. **REFRIGERATE AFTER OPENING.**

Also contains over 72 naturally-occurring ionic trace minerals.



[†]These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Trace Minerals Research

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LOT#/BEST BY DATE