

Healthy 'N Fit's® Energize™ is an all natural way to increase energy levels and reduce fatigue without the crash and jitters. Each caplet contains 1000 mg of 100% pure and natural Guarana herb, a plant native to the Amazon region which has been used by some Amazon tribes for hundreds of years. In addition to increasing energy, Guarana can also nutritionally support enhanced focus and alertness. Energize can help you to make it through those draining workdays, and to workout with your energy levels fully charged. Energize is guaranteed to provide a super energy lift or your money back. Try Energize as directed, and if for any reason you are not satisfied, simply return the unused portion for a full refund.

Directions: Read this entire label carefully before using this product, use only as directed. As a dietary supplement, take 3 caplets with liquid in the morning, 30 minutes before workouts, or when needed. Two servings may be taken per day, wait at least 5 hours between servings. **DO NOT EXCEED TWO SERVINGS PER DAY OR 3 CAPLETS PER SERVING.** If you have not used this product before, start with 1 caplet per serving and gradually increase the dosage to 3 caplets per serving. Do not take within 5 hours of bedtime. *Do not take this product with other dietary supplements, foods, beverages, or other types of products which contain caffeine or other stimulants.* Do not take this product if you have a sensitivity to caffeine or other types of stimulants. Store in a cool, dry place. Do not refrigerate. This product is intended for use by adults only. **KEEP OUT OF THE REACH OF CHILDREN.** Be sure to drink an appropriate amount of liquid throughout the day. As a reminder, it is always recommended to check with your physician before taking a new dietary supplement, especially if you are pregnant, nursing, taking any medication, have a heart condition, or any other health condition. Discontinue use if you experience any adverse effects. This is a natural product and its appearance may vary. May be packaged in an oversized bottle to accommodate necessary labeling information.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



**Advanced
Dietary
Supplement**

**PRODUCED
EXCLUSIVELY
IN THE USA**

ENERGIZE™

NATURAL ENERGY BOOSTER

90 CAPLETS

THE QUALITY AND POTENCY OF THIS PRODUCT
HAS BEEN LABORATORY TESTED AND ASSAYED

Supplement Facts

Serving Size: 3 Caplets
Servings Per Container: 30

Amount per serving:	% Daily Value*
100% Pure Guarana Herb (<i>Paullinia cupana</i>)(seed)	3000mg *

*Daily Value not established

OTHER INGREDIENTS: (may contain any of the following): Dicalcium Phosphate, Microcrystalline Cellulose, Croscarmellose Sodium, Glyceryl Monostearate, Silica, Carob Powder.

No sugar, starch, salt, artificial flavors, colors, waxes, preservatives, yeast, lactose, corn or wheat are added.

MADE EXCLUSIVELY IN THE U.S.A.
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NEW YORK, USA DIST.
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