

Directions For Use

Adults: 4 tablets per day

For optimal results take on an empty stomach and split into 2 doses per day; first thing in the morning and around mid to late afternoon.

Xtend-Life™ Total Balance Men's is an all-natural comprehensive micro-nutrient, containing a broad range of synergistic nutrients known to support overall male health*.

Batch number:

Manufactured:

Use by date:

Store in a cool, dry place.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

For more detailed ingredient information visit: www.xtend-life.com

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Total Balance Men's

Comprehensive Micro-Nutrient for Men

Enteric coated

120 Tablets

Dietary Supplement

Product of New Zealand



Supplement Facts

Serving size: 4 tablets
Servings per container: 30

	Amount Per Serving	% Daily Value*
Calories.....	25	
Calories from fat.....	10	
Vitamin A (from Mixed carotenoids).....	5000 IU	100%
Vitamin C (as Calcium ascorbate, Potassium ascorbate, Ascorbyl palmitate).....	194 mg	323%
Vitamin D3 (as Cholecalciferol).....	500 IU	125%
Vitamin E (as D-alpha tocopheryl succinate).....	100 IU	333%
Vitamin K2 (as Menaquinone).....	180 mcg	225%
Thiamin (as Thiamin hydrochloride).....	10 mg	667%
Riboflavin (as Riboflavin-5-phosphate).....	10 mg	588%
Niacin (as Nicotinic acid, Niacinamide, Chromium nicotinate).....	26 mg	130%
Vitamin B6 (as Pyridoxal-5-phosphate).....	7 mg	350%
Folic Acid.....	300 mcg	75%
Vitamin B12 (as Dibenzoyl).....	25 mcg	417%
Biotin.....	400 mcg	133%
Pantothenic acid (as Calcium pantothenate).....	40 mg	400%
Calcium (as Calcium citrate, Calcium ascorbate, Dicalcium phosphate, Calcium magnesium inositol hexaphosphate, Calcium pantothenate).....	63 mg	6%
Iron (as Ferric and Ferrous oxides).....	0.5 mg	3%
Phosphorus (as Calcium magnesium inositol hexaphosphate, Dicalcium phosphate, Pyridoxal-5-phosphate, Riboflavin-5-phosphate).....	21 mg	2%
Iodine (as Potassium iodide).....	150 mcg	100%
Magnesium (as Magnesium citrate, Magnesium stearate, Calcium magnesium inositol hexaphosphate).....	65 mg	16%
Zinc (as Zinc acetate dihydrate & Zinc citrate).....	19 mg	127%
Selenium (as L-selenomethionine).....	100 mcg	143%

	Amount Per Serving	% Daily Value*
Copper (as Copper gluconate).....	0.2 mg	10%
Manganese (as Manganese citrate).....	2 mg	100%
Chromium (as Chromium nicotinate).....	106 mcg	88%
Molybdenum (as Sodium molybdate).....	64 mcg	85%

MSM (Methylsulfonyl methane).....	99 mg	**
Choline bitartrate.....	93 mg	**
Green tea extract.....	60 mg	**
Horsetail extract (stem).....	60 mg	**
Inositol (as Inositol & Inositol hexaphosphate).....	59 mg	**
Alpha lipoic acid.....	50 mg	**
Bacopa extract (leaf).....	50 mg	**
Black cumin extract (seed).....	50 mg	**
PABA (p-Aminobenzoic acid).....	50 mg	**
Soy lecithin.....	50 mg	**
Betain HCL.....	49 mg	**
Ginkgo extract (leaf).....	40 mg	**
Beta glucan (from Yeast).....	35 mg	**
Dimethyl glycine hydrochloride.....	30 mg	**
Mineral sea salts.....	30 mg	**
N-acetyl glucosamine (from Crustacean shell).....	29 mg	**
N-acetyl L-cysteine.....	29 mg	**
SAMe (from 29 mg S-adenosylmethionine tosylate).....	15 mg	**
Coenzyme Q-10.....	14 mg	**
Alfalfa extract (aerial parts).....	10 mg	**
Isoflavones (from Soybean).....	10 mg	**
Luteolin (from Peanut shell).....	9 mg	**
Piperine (from Black pepper).....	9 mg	**
Trans-resveratrol (from Japanese knotweed, root).....	7 mg	**
ATP (Adenosine triphosphate, from Yeast).....	5 mg	**
Red clover extract (aerial parts).....	5 mg	**
Policosanol (from Sugar cane).....	4 mg	**
Tocotrienol tocopherol complex (Tocomin®) from Palm tree oil).....	2 mg	**

Boron (as Boron citrate).....	720 mcg	**
Amino Acid Blend.....	228 mg	**
L-arginine HCL, L-tyrosine, L-methionine, L-carnosine, Reduced glutathione		
Male Health Support Blend.....	543 mg	**
Phytosterol (Soybean), Saw palmetto extract (fruit), Nettle extract (root), Chrysin (from Oroxylum bark), Zinc acetate dihydrate, Lycopene (from Tomato)		
Enzyme Blend.....	125 mg	**
Bromelain (from Pineapple stem), Nattozymes Protease (from Aspergillus oryzae & Aspergillus melleus), Amylase (from Aspergillus oryzae), Lipase (from Aspergillus niger)		
Eye Health Blend.....	13 mg	**
Rutin (from Sophora japonica, bud), Lutein (from Aztec marigold, flower), Astaxanthin (from Haematococcus pluvialis), Zeaxanthin (from Aztec marigold, flower)		

* Percent daily values are based on a 2000 calorie diet
** Daily value not established

Other Ingredients: Microcrystalline cellulose, Dextrose, Maltodextrin, Silicon dioxide, Carboxymethyl cellulose, Starch, Mannitol, Gum arabic, Corn oil, Citric acid, Enteric coating, Colors (Titanium dioxide, Black iron oxide, Red iron oxide, Yellow iron oxide)

Contains ingredients derived from soy, peanut and shellfish
Does not contain gluten or dairy

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