

SUGGESTED USE:

Consume 30 – 45 minutes prior to workout. To assess tolerance, mix a half-scoop of Pump Fuel® INSANITY with 8 oz. of cold water (adjust to desired taste) for the first 2 – 3 uses. If necessary increase dose to 1 heaping scoop. **FOR BEST RESULTS** take Pump Fuel® INSANITY on an empty stomach. To avoid sleeplessness do not take within 4 hours of bedtime. Limit use to no more than 1 serving (Heaping Scoop) in a 24-hour period. To be used as part of a physical conditioning program.

WARNING:

KEEP OUT OF REACH OF CHILDREN. For use by Healthy Individuals only. Not for use by those under the age of 18. Do not exceed recommended dose. Do not take if you are pregnant or nursing, or contemplating pregnancy. Do not take if you are currently taking nitrates for chest pain or if you are taking erectile dysfunction medication. Before consuming seek advice from a health care professional if you are unaware of your current health condition. Do not consume synephrine or caffeine from other sources, including but not limited to, coffee, tea, soda and other dietary supplements or medications containing phenylephrine or caffeine. Contains caffeine. Do not use for more than 8 weeks. Consult with your physician prior to use if you are taking medication, including but not limited to MAOI inhibitors, antidepressants, aspirin, nonsteroidal anti-inflammatory drugs or products containing phylephrine, ephedrine, pseudoephedrine, or other stimulants. Consult your physician prior to use if you have a medical condition, including but not limited to, heart, liver, kidney, or thyroid disease, psychiatric or epileptic disorders, difficulty urinating, diabetes, high or low blood pressure, cardiac arrhythmia, recurrent headaches, enlarged prostate or glaucoma. Do not use if you are prone to dehydration or exposed to excessive heat. Do not use if you suffer from the rare genetic disorder, Hyper Beta-Alaninemia. This product contains beta-alanine which may cause a tingling skin sensation in some individuals. Discontinue use 2 weeks prior to surgery or if you experience rapid heart beat, dizziness, severe headache or shortness of breath. Do not use if tamper resistant seal is broken. **STORE IN A COOL, DRY PLACE. AVOID EXCESSIVE HEAT.**

FitLife Brands, Inc. | 4509 South 143rd Street, Suite 1 | Omaha, NE 68137
For Professional Muscular Development and Product Questions: PMDSports.com

FITLIFE BRANDS



PMD

XTREME PERFORMANCE



PUMP FUEL
INSANITY

INSANE ENERGY INTENSE PUMPS

ALL-IN-ONE PRE-WORKOUT

DIETARY SUPPLEMENT | NET WT. 1.91 LBS. (870 G)

KRE-ALKALYN
+ PH-CORRECT CREATINE

CREATINE
MagnaPower

Nitrosigine

CarnoSyn

v.4

LUNATIC LEMONADE
Natural and Artificial Flavor

NO GLUTEN	NO LACTOSE	NO PRESERVATIVES	NO ASPARTAME	NO YEAST
Supplement Facts				
Serving Size 1 Heaping Scoop (29 g)				
Servings Per Container 30				
	Amount Per Serving	%DV**		
Calories	60		PUMP FUEL® INSANITY Blend	24,677 mg (24.6 g) †
Calories from fat	0		RAPID ATP™ v.4 Blend	3,000 mg (3.0 g) †
Total Fat	0 g	0%	Creatine (Kre-Alkalyn®),	1,500 mg
Saturated Fat	0 g	0%	Magnesium Creatine Chelate	1,500 mg
Trans Fat	0 g	0%	(Creatine MagnaPower®)	
Cholesterol	0 mg	0%	NITRO PUMP™ Blend	2,500 mg (2.5 g) †
Total Carbohydrate	16 g	5%	Pump Complex [L-Citrulline, Agmatine Sulfate]	2,000 mg
Dietary Fiber	0 g	0%	Arginine Silicate Inositol (Nitrosigine®)	500 mg
Sugars	1 g	†	BETA BURN™ Agent	2,500 mg (2.5 g) †
Protein	0 g	0%	Beta-Alanine (CarnoSyn®)	
Vitamin C (as ascorbic acid)	125 mg	208%	AMINO ENERGY FOCUS™ Blend	1,149 mg (1.1 g) †
Calcium (as calcium phosphate)	80 mg	8%	Amino Complex:	
Phosphorus (as calcium phosphate)	62 mg	6%	Taurine, L-Glutamine AKG, N-Acetyl-L-Glutamine,	
Magnesium	140 mg	35%	L-Glutamine, L-Isoleucine, L-Leucine, L-Valine	
(as magnesium creatine chelate and oxide)			Energy and Focus Complex:	
Chromium (as chromium picolinate)	50 mcg	42%	Caffeine Anhydrous (300 mg), Higenamine HCl, Bitter	
Sodium (as sodium chloride)	60 mg	3%	Orange (Citrus aurantium)(Fruit) Extract 30% Synephrine	
Potassium (as potassium citrate)	94 mg	3%	Alkaloids (Advantra Z®), L-Carnitine L-Tartrate, Guanidino-	
			propionic Acid, Phosphatidyl Serine, L-Tyrosine, Vinpocetine	
			GLYCO LOAD™ Blend	15,528 mg (15.5 g) †
			Dextrin Complex (Maltodextrin, Dextrin),	
			Waxy Maize, Glycerol Powder,	
			Glycine Propionyl-L-Carnitine HCl (GlycoCarn®),	
			Acetyl L-Carnitine Arginate DIHCl (ArginoCarn®)	
			** Percent Daily Values (DV) based on a 2,000 calorie diet.	
			† Daily Value (DV) not established.	

Other Ingredients: Citric Acid, Malic Acid, Natural and Artificial Flavors, Silica, Sucralose, Acesulfame Potassium, FD&C Yellow 5 Lake. **Contains Soy.** This product was produced in a facility that may also process ingredients containing milk, eggs, fish, shellfish, tree nuts, peanuts, wheat and soybeans.

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KRE-ALKALYN
+ PH-CORRECT CREATINE

CREATINE
MagnaPower
Creatine Magnesium Chelate

Now with
Nitrosigine
Banded Arginine Silicate

CarnoSyn
Carnosine Synthesizer

XP OFFERS SUPPORT FOR
STRONG NITRIC OXIDE BOOST*
MAXIMUM POWER OUTPUT*
INSANE ENERGY AND FOCUS*
ENHANCED ENDURANCE*
QUICKER MUSCLE RECOVERY*



ELITE ALL-IN-ONE PRE-WORKOUT FOR XTREME PERFORMANCE*



EXPERIENCE THE ULTIMATE LEVEL OF INSANE HYPERTROPHIC AND ANABOLIC MADNESS! IT IS BEYOND COMPREHENSION HOW HARD PUMP FUEL® INSANITY HITS!

CAUTION: PUMP FUEL® INSANITY IS FOR EXTREME AND HIGH STIMULANT SUPPLEMENT USERS ONLY!

PUMP FUEL® INSANITY, with **CLINICALLY STUDIED INGREDIENTS**, is a fierce pre-workout expertly formulated with all the crucial muscle-building and performance-enhancing ingredients needed for xtreme performance and maximum anabolic results. This elite pre-workout is built for **FULL THROTTLE WORKOUT EXPLOSIVENESS!** PUMP FUEL® INSANITY revs up your typical pre-workout by kicking things up a notch with an insanely intense energy factor. PUMP FUEL® INSANITY combines the high energy from a "concentrate" supplement with all the additional benefits of a fully loaded pre-workout, offering you the absolute best of both worlds. PUMP FUEL® INSANITY is an unparalleled and unmatched pre-workout that will give you that edge to take your performance and workouts to the next level. **FUEL UP!**

ADVANTRA Z

GLYCO|CARN

ArginoCarn