

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

SUGGESTED USE:

Consume Pump Fuel® 30 – 45 minutes prior to workout. Mix 1 heaping scoop of Pump Fuel® with 8 oz. of cold water (adjust to desired taste). **FOR BEST RESULTS** take Pump Fuel® on an empty stomach. To avoid sleeplessness do not take within 4 hours of bedtime. Limit use to no more than 1 serving (Heaping Scoop) in a 24-hour period. *To be used as part of a physical conditioning program.*

WARNING:

KEEP OUT OF REACH OF CHILDREN. For use by Healthy Individuals only. Not for use by those under the age of 18. Do not exceed recommended dose. Do not take if you are currently taking nitrates for chest pain or if you are taking erectile dysfunction medication. Do not take if you are pregnant or nursing, or contemplating becoming pregnant. This product is only intended to be consumed by healthy adults 18 years of age or older. Before using this product consult with your physician if you are using any prescription or over the counter medication or if you have any pre-existing medical condition including but not limited to: high or low blood pressure, cardiac arrhythmia, stroke, heart, liver, kidney or thyroid disease, seizure disorder, psychiatric disease, diabetes, difficulty urinating due to prostate enlargement or if you are taking a MAOI (Monoamine Oxidase Inhibitor) or any other medication. Do not use if you are prone to dehydration or exposed to excessive heat. Do not use if you suffer from the rare genetic disorder, Hyper Beta-Alaninemia. This product contains Beta-alanine which may cause a tingling skin sensation in some individuals. Discontinue use and consult your health care professional if you experience any adverse reaction to this product. Do not consume if tamper evident seal is broken. **STORE IN A COOL, DRY PLACE. AVOID EXCESSIVE HEAT.**

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For Professional Muscular Development and Product Questions: PMDSports.com

FITLIFE BRANDS



PMD

XTREME PERFORMANCE

XP

CAFFEINE FREE

PUMP FUEL

INSANE ENERGY ⚡ INTENSE PUMPS

ALL-IN-ONE PRE-WORKOUT
DIETARY SUPPLEMENT | NET WT. 1.91 LBS. (870 G)

KRE-ALKALYN
+ PH-CORRECT CREATINE

CREATINE
MagnaPower

Nitrosigine

CarnoSyn

v.4

RASPBERRY LEMONADE
Natural and Artificial Flavor

NO GLUTEN	NO LACTOSE	NO PRESERVATIVES	NO ASPARTAME	NO YEAST
Supplement Facts				
Serving Size 1 Heaping Scoop (29 g)				
Servings Per Container 30				
Amount Per Serving		%DV**		
Calories	60		PUMP FUEL® Blend	24,915 mg (24.9 g) †
Calories from fat	0		RAPID ATP™ v.4 Blend	3,000 mg (3.0 g) †
Total Fat	0 g	0%	Creatine (Kre-Alkalyn®),	1,500 mg
Saturated Fat	0 g	0%	Magnesium Creatine Chelate	1,500 mg
Trans Fat	0 g	0%	(Creatine MagnaPower®)	
Cholesterol	0 mg	0%	NITRO PUMP™ Blend	2,500 mg (2.5 g) †
Total Carbohydrate	16 g	5%	Pump Complex [L-Citrulline, Agmatine Sulfate]	2,000 mg
Dietary Fiber	0 g	0%	Arginine Silicate Inositol (Nitrosigine®)	500 mg
Sugars	1 g	†	BETA BURN™ Agent	2,500 mg (2.0 g) †
Protein	0 g	0%	Beta-Alanine (CarnoSyn®)	
Vitamin C (as ascorbic acid)	125 mg	208%	AMINO ENERGY FOCUS™ Blend	919 mg (0.9 g) †
Calcium (as calcium phosphate)	80 mg	8%	Amino Complex:	
Phosphorus (as calcium phosphate)	62 mg	6%	Taurine, L-Glutamine AKG,	
Magnesium	140 mg	35%	N-Acetyl-L-Glutamine, L-Glutamine,	
(as magnesium creatine chelate and oxide)			L-Isoleucine, L-Leucine, L-Valine	
Chromium (as chromium picolinate)	50 mcg	42%	Energy and Focus Complex:	
Sodium (as sodium chloride)	55 mg	2%	N-Acetyl L-Tyrosine (100 mg), Higenamine HCl, L-Carnitine	
Potassium (as potassium citrate)	94 mg	3%	L-Tartrate, Guanidinopropionic	
			Acid, Phosphatidyl Serine, L-Tyrosine, Vinpocetine	
			GLYCO LOAD™ Blend	15,996 mg (15.9 g) †
			Dextrin Complex (Maltodextrin, Dextrin),	
			Waxy Maize, Glycerol Powder,	
			Glycine Propionyl-L-Carnitine HCl (GlycoCarn®),	
			Acetyl L-Carnitine Arginate DIHCl (ArginoCarn®)	
			** Percent Daily Values (DV) based on a 2,000 calorie diet.	
			† Daily Value (DV) not established.	

Other Ingredients: Citric Acid, Natural and Artificial Flavors, Malic Acid, Silica, Sucralose, Acesulfame Potassium, FD&C Red 40. **Contains Soy.** This product was produced in a facility that may also process ingredients containing milk, eggs, fish, shellfish, tree nuts, peanuts, wheat and soybeans.

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KRE-ALKALYN
+ PH-CORRECT CREATINE

CREATINE
MagnaPower
Creatine Magnesium Chelate

Now with
Nitrosigine
Bundled Arginine Silicate

CarnoSyn
Carnosine Synthesizer

GLYCO|CARN

ArginoCarn

XP OFFERS SUPPORT FOR

STRONG NITRIC OXIDE BOOST*

MAXIMUM POWER OUTPUT*

INSANE ENERGY AND FOCUS*

ENHANCED ENDURANCE*

QUICKER MUSCLE RECOVERY*

XTREME PERFORMANCE

XP

ELITE ALL-IN-ONE PRE-WORKOUT FOR XTREME PERFORMANCE*



PUMP FUEL® IS MORE ADVANCED AND MORE EXPLOSIVE!
ITS FULLY EQUIPPED PRE-WORKOUT FORMULA IS FUELED WITH THE INGREDIENTS NECESSARY FOR MAXIMUM EFFICACY.*

THIS PUMP FUEL® FORMULA IS CAFFEINE FREE.

PUMP FUEL® is an explosive and fully equipped pre-workout solution formulated with the highest quality ingredients necessary for maximum product efficacy... and **THE FACTS DON'T LIE!** PUMP FUEL's quality is ensured through its original Truth-in-Labeling format, where we list exact milligram amounts of chief ingredients, so you know exactly what you're getting in every serving.*

This elite pre-workout, with **CLINICALLY STUDIED INGREDIENTS**, is built for **UNPARALLELED RESULTS!** PUMP FUEL® offers a revved up pre-workout experience that simply cannot be matched. PUMP FUEL® is the pre-workout that will give you that edge to take your performance and workouts to the next level.* **FUEL UP!**