

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

SUGGESTED USE:

Consume Pump Fuel® 30 – 45 minutes prior to workout. Mix 1 heaping scoop of Pump Fuel® with 8 oz. of cold water (adjust to desired taste). **FOR BEST RESULTS** take Pump Fuel® on an empty stomach. To avoid sleeplessness do not take within 4 hours of bedtime. Limit use to no more than 1 serving (Heaping Scoop) in a 24-hour period. *To be used as part of a physical conditioning program.*

WARNING:

KEEP OUT OF REACH OF CHILDREN. For use by Healthy Individuals only. Not for use by those under the age of 18. Do not exceed recommended dose. Do not take if you are currently taking nitrates for chest pain or if you are taking erectile dysfunction medication. Do not take if you are pregnant or nursing, or contemplating pregnancy. This product is only intended to be consumed by healthy adults 18 years of age or older. Before using this product consult with your physician if you are using any prescription or over the counter medication or if you have any pre-existing medical condition including but not limited to: high or low blood pressure, cardiac arrhythmia, stroke, heart, liver, kidney or thyroid disease, seizure disorder, psychiatric disease, diabetes, difficulty urinating due to prostate enlargement or if you are taking a MAOI (Monoamine Oxidase Inhibitor) or any other medication. Contains caffeine. Do not consume caffeine from other sources, including but not limited to, coffee, tea, soda and other dietary supplements or medications containing phenylephrine or caffeine. Avoid additional caffeine, which may intensify adverse effects. Do not use if you are prone to dehydration or exposed to excessive heat. Do not use if you suffer from the rare genetic disorder, Hyper Beta-Alaninemia. This product contains Beta-alanine which may cause a tingling skin sensation in some individuals. Discontinue use and consult your health care professional if you experience any adverse reaction to this product. Do not consume if tamper evident seal is broken. **STORE IN A COOL, DRY PLACE. AVOID EXCESSIVE HEAT.**

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For Professional Muscular Development and Product Questions: **PMDSports.com**



FITLIFE BRANDS



PMD

XTREME PERFORMANCE

XP

PUMP FUEL

INSANE ENERGY ⚡ INTENSE PUMPS

ALL-IN-ONE PRE-WORKOUT

DIETARY SUPPLEMENT | NET WT. 1.91 LBS. (870 G)

KRE-ALKALYN
+ PH-CORRECT CREATINE

CREATINE
MagnaPower

Nitrosigine

CarnoSyn

v.4

STRAWBERRY KIWI
Natural and Artificial Flavor

NO GLUTEN	NO LACTOSE	NO PRESERVATIVES	NO ASPARTAME	NO YEAST
Supplement Facts				
Serving Size 1 Heaping Scoop (29 g)				
Servings Per Container 30				
Amount Per Serving		%DV**		
Calories	60			
Calories from fat	0			
Total Fat	0 g	0%		
Saturated Fat	0 g	0%		
Trans Fat	0 g	0%		
Cholesterol	0 mg	0%		
Total Carbohydrate	16 g	5%		
Dietary Fiber	0 g	0%		
Sugars	1 g	†		
Protein	0 g	0%		
Vitamin C (as ascorbic acid)	125 mg	208%		
Calcium (as calcium phosphate)	80 mg	8%		
Phosphorus (as calcium phosphate)	62 mg	6%		
Magnesium (as magnesium creatine chelate and oxide)	140 mg	35%		
Chromium (as chromium picolinate)	50 mcg	42%		
Sodium (as sodium chloride)	55 mg	2%		
Potassium (as potassium citrate)	94 mg	3%		
PUMP FUEL® Blend		25,405 mg (25.4 g) †		
RAPID ATP™ v.4 Blend		3,000 mg (3.0 g) †		
Creatine (Kre-Alkalyn®),		1,500 mg		
Magnesium Creatine Chelate (Creatine MagnaPower®)		1,500 mg		
NITRO PUMP™ Blend		2,500 mg (2.5 g) †		
Pump Complex [L-Citrulline, Agmatine Sulfate]		2,000 mg		
Arginine Silicate Inositol (Nitrosigine®)		500 mg		
BETA BURN™ Agent		2,500 mg (2.5 g) †		
Beta-Alanine (CarnoSyn®)				
AMINO ENERGY FOCUS™ Blend		1,019 mg (1.0 g) †		
Amino Complex:				
Taurine, L-Glutamine AKG,				
N-Acetyl-L-Glutamine, L-Glutamine,				
L-Isoleucine, L-Leucine, L-Valine				
Energy and Focus Complex:				
Caffeine Anhydrous (200 mg), Higenamine HCl,				
L-Carnitine L-Tartrate, Guanidinopropionic Acid,				
Phosphatidyl Serine, L-Tyrosine, Vinpocetine				
GLYCO LOAD™ Blend		16,386 mg (16.3 g) †		
Dextrin Complex (Maltodextrin, Dextrin),				
Waxy Maize, Glycerol Powder,				
Glycine Propionyl-L-Carnitine HCl (GlycoCarn®),				
Acetyl L-Carnitine Arginate DIHCl (ArginoCarn®)				
** Percent Daily Values (DV) based on a 2,000 calorie diet.				
† Daily Value (DV) not established.				

Other Ingredients: Citric Acid, Natural and Artificial Flavors, Malic Acid, Silica, Sucralose, Acesulfame Potassium, FD&C Red 40. **Contains Soy.** This product was produced in a facility that may also process ingredients containing milk, eggs, fish, shellfish, tree nuts, peanuts, wheat and soybeans.

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KRE-ALKALYN
+ PH-CORRECT CREATINE

CREATINE
MagnaPower
Creatine Magnesium Chelate

Now with
Nitrosigine
Bundled Arginine Silicate

CarnoSyn
Carnosine Synthesizer

GLYCO|CARN

ArginoCarn

XP OFFERS SUPPORT FOR

STRONG NITRIC OXIDE BOOST*

MAXIMUM POWER OUTPUT*

INSANE ENERGY AND FOCUS*

ENHANCED ENDURANCE*

QUICKER MUSCLE RECOVERY*

XTREME PERFORMANCE



ELITE ALL-IN-ONE PRE-WORKOUT FOR XTREME PERFORMANCE*



PUMP FUEL® IS MORE ADVANCED AND MORE EXPLOSIVE! ITS FULLY EQUIPPED PRE-WORKOUT FORMULA IS FUELED WITH THE INGREDIENTS NECESSARY FOR MAXIMUM EFFICACY.*

CAUTION: PUMP FUEL® IS FOR HIGH STIMULANT SUPPLEMENT USERS ONLY!

PUMP FUEL® is an explosive and fully equipped pre-workout solution formulated with the highest quality ingredients necessary for maximum product efficacy... and **THE FACTS DON'T LIE!** PUMP FUEL's quality is ensured through its original Truth-in-Labeling format, where we list exact milligram amounts of chief ingredients, so you know exactly what you're getting in every serving.*

This elite pre-workout, with **CLINICALLY STUDIED INGREDIENTS**, is built for **UNPARALLELED RESULTS!** PUMP FUEL® offers a revved up pre-workout experience that simply cannot be matched. PUMP FUEL® is the pre-workout that will give you that edge to take your performance and workouts to the next level.* **FUEL UP!**