SUGGESTED USE:

Consume 30 – 45 minutes prior to workout. To assess tolerance, mix a half scoop of Pump Fuel® INSANITY with 8 oz. of cold water (adjust to desired taste) for the first 2 – 3 uses. If necessary increase dose to 1 heaping scoop. FOR BEST RESULTS take Pump Fuel® INSANITY on an empty stomach. To avoid sleeplessness do not take within 4 hours of bedtime. Limit use to no more than 1 serving (Heaping Scoop) in a 24-hour period. To be used as part of a physical conditioning program.

WARNING:

KEEP OUT OF REACH OF CHILDREN. For use by Healthy Individuals only Not for use by those under the age of 18. Do not exceed recommended dose. Do not take if you are pregnant or nursing, or contemplating pregnancy. Do not take if you are currently taking nitrates for chest pain or if you are taking erectile dysfunction medication. Before consuming seek advice from a health care professional if you are unaware of your current health condition. Do not consume synephrine or caffeine from other sources, including but not limited to, coffee, tea, soda and other dietary supplements or medications containing phenylephrine or caffeine. Contains caffeine. Do not use for more than 8 weeks. Consult with your physician prior to use if you are taking medication, including but not limited to MAOI inhibitors, antidepressants, aspirin, nonsteroidal antiinflammatory drugs or products containing phylephrine, ephedrine, pseudoephedrine, or other stimulants. Consult your physician prior to use if you have a medical condition, including but not limited to, heart, liver, kidney, or thyroid disease, psychiatric or epileptic disorders, difficulty urinating, diabetes, high or low blood pressure, cardiac arrhythmia recurrent headaches, enlarged prostate or glaucoma. Do not use if you are prone to dehydration or exposed to excessive heat. Do not use if you suffer from the rare genetic disorder, Hyper Beta-Alaninemia, This product contains beta-alanine which may cause a tingling skin sensation in some individuals. Discontinue use 2 weeks prior to surgery or if you experience rapid heart beat, dizziness, severe headache or shortness of breath. Do not use if tamper resistant seal is broken. STORE IN A COOL, DRY PLACE

AVOID EXCESSIVE HEAT.

FitLife Brands, Inc. | 4509 South 143rd Street, Suite 1 | Omaha, NE 68137 For Professional Muscular Development and Product Questions: PMDSports.com











Potassium (as potassium citrate)

NO LACTOSE NO PRESERVATIVES NO ASPARTAME **Supplement Facts**

Serving Size 1 Heaping Scoop (29 g) Servings Per Container 30

Amount Per	Serving	%DV**
Calories	60	
Calories from fat	0	
Total Fat	0 g	0%
Saturated Fat	0 g	0%
Trans Fat	0 g	0%
Cholesterol	0 mg	0%
Total Carbohydrate	16 g	5%
Dietary Fiber	0 g	0%
Sugars	1 g	1
Protein	0 g	0%
Vitamin C (as ascorbic acid)	125 mg	208%
Calcium (as calcium phosphate)	80 mg	8%
Phosphorus (as calcium phosphate)	62 mg	6%
Magnesium (as magnesium creatine chelate and oxi	140 mg ide)	35%
Chromium (as chromium picolinate)	50 mcg	42%
Sodium (as sodium chloride)	55 mg	2%

24,944 mg (24.9 g) ■ PUMP FUEL® INSANITY Blend RAPID ATP™ v.4 Blend 3,000 mg (3.0 g) Creatine (Kre-Alkalyn°), 1,500 ma Magnesium Creatine Chelate 1.500 mg (Creatine MagnaPower®) NITRO PUMP™ Blend 2,500 mg (2.5 g) Pump Complex [L-Citrulline, Agmatine Sulfate] 2,000 mg

NO YEAST

Arginine Silicate Inositol (Nitrosigine®) BETA BURN™ Agent 2,500 mg (2.5 g) Beta-Alanine (CarnoSyn®) AMINO|ENERGY|FOCUS™ Blend 1.149 mg (1.1 g) † Amino Complex: Taurine, L-Glutamine AKG, N-Acetyl-L-Glutamine, L-Glutamine, L-Isoleucine, L-Leucine, L-Valine Energy and Focus Complex: Caffeine Anhydrous (300 mg), Higenamine HCl, Bitte Orange (Citrus aurantium)(Fruit) Extract 30% Synephrine Alkaloids (Advantra Z*), L-Carnitine L-Tartrate, Guanidinopropionic Acid, Phosphatidyl Serine, L-Tyrosine, Vinpocetine GLYCO LOAD™ Blend 15,795 mg (15.7 g) Dextrin Complex [Maltodextrin, Dextrin] Waxy Maize, Glycerol Powder, Glycine Propionyl-L-Carnitine HCl (GlycoCarn*), Acetyl L-Carnitine Arginate DiHCI (ArginoCarn®)

**Percent Daily Values (DV) based on a 2,000 calorie diet.

† Daily Value (DV) not established.

Other Ingredients: Citric Acid, Malic Acid, Silica, Natural and Artificial Flavors, Sucralose, Acesulfame Potassium, FD&C Red 40 Lake, FD&C Red 40. Contains Soy. This product was produced in a facility that may also process ingredients containing milk, eggs, fish, shellfish, tree nuts, peanuts, wheat and soybeans.

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XP OFFERS SUPPORT FOR

STRONG NITRIC OXIDE BOOST' MAXIMUM POWER OUTPUT

INSANE ENERGY AND FOCUS **ENHANCED ENDURANCE***

QUICKER MUSCLE RECOVERY

ELITE ALL-IN-ONE PRE-WORKOUT FOR XTREME PERFORMANCE*



EXPERIENCE THE ULTIMATE LEVEL OF INSANE HYPERTROPHIC AND ANABOLIC MADNESS! IT IS BEYOND COMPREHENSION HOW HARD PUMP FUEL® INSANITY HITS!

CAUTION: PUMP FUEL® INSANITY IS FOR EXTREME AND HIGH STIMULANT SUPPLEMENT USERS ONLY!

PUMP FUEL* INSANITY, with CLINICALLY STUDIED INGREDIENTS, is a fierce preworkout expertly formulated with all the crucial muscle-building and performance enhancing ingredients needed for xtreme performance and maximum anabolic results. This elite pre-workout is built for FULL THROTTLE WORKOUT EXPLOSIVE NESS! PUMP FUEL® INSANITY revs up your typical pre-workout by kicking things up a notch with an insanely intense energy factor, PUMP FUEL® INSANITY combines the high energy from a "concentrate" supplement with all the additional benefits of a fully







