

Directions For Use

Age 12 years and over: 2 tablets per day

For optimal results take both tablets in one dose, with or after food.

Xtend-Life™ Multi-Xtra is an advanced multi vitamin/mineral supplement with additional specialty nutrients to support bio-availability and good health*.

Store in a cool, dry place.

Batch number:

Manufactured:

Use by date:

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

For more detailed ingredient information visit:

www.xtend-life.com

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Multi-Xtra

Multi Vitamin/Mineral Supplement

60 Tablets



Dietary Supplement

Product of New Zealand

Supplement Facts

Serving size: 2 tablets

Servings per container: 30

	Amount Per Serving	% Daily Value*
Calories	10	
Vitamin A (from Mixed carotenoids)	5000 IU	100%
Vitamin C (as Calcium ascorbate, Potassium ascorbate, Ascorbyl palmitate)	157 mg	262%
Vitamin D3 (as Cholecalciferol)	400 IU	100%
Vitamin E (as D-Alpha tocopheryl succinate)	100 IU	333%
Vitamin K2 (as Menaquinone)	176 mcg	220%
Thiamin (as Thiamin hydrochloride)	7 mg	467%
Riboflavin (as Riboflavin-5-phosphate)	5 mg	294%
Niacin (as Nicotinic acid, Niacinamide, Chromium nicotinate)	27 mg	135%
Vitamin B6 (as Pyridoxal 5-phosphate)	5 mg	250%
Folic Acid	273 mcg	68%
Vitamin B12 (as Dibenzoide)	25 mcg	417%
Biotin	399 mcg	133%
Pantothenic acid (as Calcium pantothenate)	35 mg	350%
Calcium (as Calcium citrate, Calcium ascorbate, Calcium Magnesium Inositol hexaphosphate, Dicalcium phosphate, Calcium pantothenate)	54 mg	5%
Iodine (as Potassium iodide)	152 mcg	101%
Magnesium (as Magnesium citrate, Calcium Magnesium inositol hexaphosphate, Magnesium stearate)	64 mg	16%
Zinc (as Zinc citrate)	9 mg	60%
Selenium (as L-selenomethionine)	100 mcg	143%
Copper (as Copper gluconate)	0.1 mg	5%
Manganese (as Manganese citrate)	2 mg	100%
Chromium (as Chromium nicotinate)	106 mcg	88%
Molybdenum (as Sodium molybdate)	64 mcg	85%

	Amount Per Serving	% Daily Value*
MSM (Methylsulfonyl methane)	99 mg	**
Choline Bitartrate	93 mg	**
Inositol (as Inositol & Inositol hexaphosphate)	67 mg	**
PABA (p-Aminobenzoic acid)	50 mg	**
Soy Lecithin	50 mg	**
Horsetail Extract (stem)	40 mg	**
Mineral sea salts	30 mg	**
Green Tea Extract	25 mg	**
Betain HCL	24 mg	**
Alfalfa Extract (aerial parts)	10 mg	**
Amylase (from Aspergillus oryzae)	10 mg	**
Bromelain (from pineapple stem)	10 mg	**
Rutin (from Sophora japonica buds)	9 mg	**
Piperine (from Black pepper)	4 mg	**
Tocotrienol/Tocopherol Complex (from Palm tree oil)	2 mg	**
Boron (as Boron Citrate)	720 mcg	**
Lutein (from Aztec marigold flower)	500 mcg	**
Lycopene (from Tomato)	180 mcg	**
Zeaxanthin (from Aztec marigold flower)	25 mcg	**

* Percent daily values are based on a 2000 calorie diet

** Daily value not established

Other Ingredients: Microcrystalline cellulose, DEXSTAR, Carboxymethyl cellulose, Silicon dioxide, Maltodextrin, Mannitol, Gum arabic, Corn oil, Citric acid, Pharmaceutical glaze (Talc, Polyvinyl alcohol, Polyethylene glycol and Polysorbate 80)

Contains materials derived from soy
Does not contain dairy, gluten, shellfish or peanut

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