

SPIKENARD

Aralia racemosa

Balances
Respiratory System*

2 fl. oz. (60 mL)

HERBAL SUPPLEMENT

HERBALIST
H&A
ALCHEMIST



Suggested use: 30-40 drops (1.5-2 mL) in juice or water. Take 3 times per day. Shake well before using.

Supplement Facts

Serving size 40 drops (2 mL)
Servings per container 30

Amount Per Serving

Fresh Spikenard root ♦
extract 2 mL†

† Daily value not established.

Other ingredients: Ethyl alcohol ♦,
distilled water.

Botanical Preparation Ratio 1:2 25
♦ Certified Organic

Contraindications: Do not use during pregnancy unless otherwise directed by a qualified expert.

KEEP OUT OF CHILDREN'S REACH

*This statement has not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

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