



now
SPORTS

L-Glutamine

1000 mg

Double Strength
Supports Muscle Mass*

120 Capsules

A Dietary Supplement



SUGGESTED USAGE: Take 1 capsule 1 to 3 times daily, preferably between meals.

Glutamine has recently been the focus of much scientific interest. A growing body of evidence suggests that during certain stressful times, the body may require more Glutamine than it can produce. Under these circumstances Glutamine may be considered a "conditionally essential" amino acid. Glutamine is involved in maintaining a positive nitrogen balance (an anabolic state) and also aids rapidly growing cells (immune system lymphocytes and intestinal cell enterocytes). In addition, Glutamine is a regulator of acid-base balance and a nitrogen transporter.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Caution: For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children. Do Not Eat Freshness Packet. Keep in Bottle.



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Supplement Facts

Serving Size 1 Capsule

Amount Per Serving

L-Glutamine (Free-Form) 1 g (1,000 mg)*

* Daily Value not established.

Other ingredients: Gelatin (capsule), Stearic Acid (vegetable source), Magnesium Stearate (vegetable source) and Silica.

NOW FOODS

395 S. Glen Ellyn Rd., Bloomingdale, IL 60108, USA
www.nowfoodsproducts.com

Not manufactured with wheat, gluten, soy, corn, milk, egg, fish, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

This double strength product has twice the L-Glutamine (1,000 mg per capsule) as in our regular strength product (500 mg per capsule).

Store in a cool, dry, dark place after opening.

Please Recycle.