SUGGESTED USE

As a dietary supplement, take 2 capsules daily or as directed by a health professional.

Does not contain any dairy, egg, sugar, corn, yeast, wheat, soy, glutens, artificial colors, flavors or preservatives.

*Digeseb®Plus is a proprietary blend of acid stable plant-based enzymes supplying (Amylase, Protease I, Protease II, Lipase and Cellulase) for enhanced bioavailability.

Digeseb®Plus is a registered trademark of Specialty Enzymes & Biochemicals

Betatene® is a registered trademark of Cognis Nutrition & Health

L-Carnipure® is a registered trademark of Lonza Group

Keep out of reach of children. Store in a cool, dry place.

Manufactured in U.S.A. for: Pure Vegan

Phoenix, AZ 85040 1-800-798-0707



Advanced Vegan



100% Animal-Free Multi-Vitamin Mineral/Antioxidant Program

Supplement Facts Serving Size: 2 Cansules . Servings Per Container: 30.

Amount Per Serving Retatene@ 158 mg Providing: Vitamin A (as Alpha-Carotene & 12,500 IU 250 Beta-Carotene) Lutein 49 mcg 7eaxanthin 49 mcg Cryptoxanthin 98 mcg Vitamin C (as Ascortv/ Palmitate & 100 mg Ascorbic Acid) Vitamin D (as Ergocalciferol) 200 IU Vitamin E (as d-Alpha Tocopherol Acetate) 200 IU Thiamine (Vitamin B1) 50 mg 333 Riboflavin (Vitamin B2) 50 mg 294 Niacinamide 50 ma Pyridoxine HCL (Vitamin B6) 50 ma 800 mca Vitamin B12 (as Methylcobalamin) 6 mca 300 mca PABA (Para Aminobenzoic Acid) Pantothenic Acid Calcium (as Calcium Citrate & Bisglycinate) 100 mg Boron (as Boron Citrate)

Amount Per Serving		% DV
lodine (as Potassium lodide)	150 mcg	100%
Magnesium (as Magnesium Citrate,	150 mg	38%
Alpha Ketoglutarate, & Oxide)		
Zinc (as Zinc Amino Acid Chelate)	10 mg	67%
Selenium (as L-Selenomethionine)	200 mcg	286%
Copper (as Copper Gluconate)	2 mg	100%
Manganese (as Manganese Citrate)	2 mg	100%
Chromium (as Chromium Picolinate)	200 mcg	167%
Molybdenum (as Molybdenum Chelate)	75 mcg	100%
Potassium (as Potassium Aspartate, Alpha	99 mg	3%
Ketoglutarate, & Citrate)		
Alpha Lipoic Acid	5 mg	†
L-Carnipure® (L-Carnitine Magnesium Citrate	100 mg	- 1
Choline	50 mg	- 1
Inositol	50 mg	Ť
Quercetin	10 mg	T
Grangeand Extract 05%	E 00.0	+

+ Daily Value not established

ther Ingredients: Digeseb®Plus Delivery System* and vegetable capsules.