

Supplement Facts

Serving Size 2 Softgels
Servings Per Container 45

Amount Per Serving		%Daily Value
Calories	30	
Calories from Fat	25	
Total Fat	3 g	5%**
Saturated Fat	0.5 g	3%**
Polyunsaturated Fat	1 g	***
Monounsaturated Fat	1.5 g	***
Cholesterol	30 mg	10%
Protein	<1 g	1%**
Wild Alaskan Salmon Oil	3,000 mg (3 g)	***
provides the following fatty acid profile:		
Omega-3 Fatty Acids†	627 mg	***
Eicosapentaenoic Acid (EPA)	252 mg	***
Docosahexaenoic Acid (DHA)	225 mg	***
Other Omega-3 Fatty Acids	96 mg	***
Omega-5 Fatty Acids	2.4 mg	***
Omega-6 Fatty Acids	60 mg	***
Omega-7 Fatty Acids	240 mg	***
Omega-9 Fatty Acids	480 mg	***

**Percent Daily Values are based on a 2,000 calorie diet.

***Daily Value not established.

Other Ingredients: Gelatin, Vegetable Glycerin, Mixed Natural Tocopherols.
Contains fish (salmon) ingredients.

†As Natural Triglycerides

Sundown
Naturals

COMPLETE Omega

1400 MG
TOTAL OMEGAS

Contains
Omega 3, 5, 6, 7, 9
from Wild Alaskan Salmon Oil

**Supports Heart, Joint,
Skin and Nervous
System Health***

PURIFIED
TO ELIMINATE
**MERCURY, PCBs
AND DIOXINS**

Smart Facts

Complete Omega provides a complete source of omega fatty acids from salmon oil, including all 5 types – Omega-3, 5, 6, 7 and 9. The Omega-3 fatty acids, EPA and DHA, found in Complete Omega play a role in supporting Heart, Joint and Skin Health.* Omega-9 fatty acids are important components of nerve cells and support nerve health.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

per serving

DIRECTIONS: FOR ADULTS, TAKE TWO (2) SOFTGELS DAILY, PREFERABLY WITH A MEAL. As a reminder, discuss the supplements and medications you take with your health care providers.

No Artificial Color, Flavor or Sweetener, No Preservatives, No Sugar, No Starch, No Milk, No Lactose, No Gluten, No Wheat, No Yeast, No Shellfish. Sodium Free.

WARNING: If you are pregnant, nursing, taking any medications, including blood thinners, planning any medical or surgical procedure or have any medical condition, consult your doctor before use.

KEEP OUT OF REACH OF CHILDREN. STORE AT ROOM TEMPERATURE AND AVOID EXCESSIVE HEAT. TAMPER RESISTANT: DO NOT USE IF SEAL UNDER CAP IS BROKEN OR MISSING.

Questions? Call toll free 1-888-VITAHELP (848-2435) or visit us at www.sundownnaturals.com

Manufactured by REXALL SUNDOWN, INC.
Boca Raton, FL 33487 USA

**FREE OF
Gluten &
Wheat**

Prod. No. 54055



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90 SOFTGELS **DIETARY SUPPLEMENT**