

DIRECTIONS: FOR ADULTS, TAKE ONE (1) SOFTGEL DAILY, PREFERABLY WITH A MEAL. As a reminder, discuss the supplements and medications you take with your health care providers.

Supplement Facts

Serving Size 1 Softgel

Amount Per Serving	%Daily Value
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Calories	10
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Calories from Fat	10
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Total Fat	1 g	2%**
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Vegetarian Omega 3-6-9 Proprietary Blend	1,005 mg (1 g)	***
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Organic Cold Pressed Flaxseed Oil, Sunflower Seed Oil		***
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Typical Fatty Acid Profile:

Omega-3		***
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495 mg of Total Omega-3 Fatty Acids comprising of:		***
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Alpha Linolenic Acid (ALA)		***
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Omega-6		***
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197 mg of Total Omega-6 Fatty Acids comprising of:		***
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Linoleic Acid		***
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Omega-9		***
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149 mg of Total Omega-9 Fatty Acids comprising of:		***
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Oleic Acid		***
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**Percent Daily Values are based on a 2,000 calorie diet.

***Daily Value not established.

Other Ingredients: Modified Corn Starch, Carrageenan, Vegetable Glycerin, Sorbitol, Natural Caramel Color.

Sundown
Naturals

VEGETARIAN

Omega 3-6-9

Naturally Contains
495 MG of Omega-3

**Supports Heart &
Circulatory Health***



VEGETARIAN FORMULA

50 SOFTGELS

DIETARY SUPPLEMENT

**Smart
Facts**

Sundown Naturals® Vegetarian Omega 3-6-9 provides one of the best sources of vegetarian Omega-3, flaxseed oil, in a vegetarian softgel. Vegetarian Omega 3-6-9 provides an excellent source of Omega-3 and also delivers lower doses of Omega-6 and 9, from flaxseed and sunflower seed oil. Vegetarian Omega 3-6-9 supports heart and circulatory health.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

No Artificial Flavor, No Preservatives, No Sugar, No Milk, No Lactose, No Soy, No Gluten, No Wheat, No Yeast, No Fish. Sodium Free.

WARNING: If you are pregnant, nursing, taking any medications or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur.

KEEP OUT OF REACH OF CHILDREN. STORE AT ROOM TEMPERATURE AND AVOID EXCESSIVE HEAT. TAMPER RESISTANT: DO NOT USE IF SEAL UNDER CAP IS BROKEN OR MISSING.

Questions? Call toll free 1-888-VITAHELP (848-2435) or visit us at www.sundownnaturals.com

Manufactured for REXALL SUNDOWN, INC.
Boca Raton, FL 33487 USA



**FREE OF
Gluten &
Wheat**



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