

**DIRECTIONS: FOR ADULTS, TAKE ONE (1) CAPLET DAILY, PREFERABLY WITH A MEAL.** As a reminder, discuss the supplements and medications you take with your health care providers.

## Supplement Facts

Serving Size 1 Caplet

Amount Per Serving		%Daily Value
Magnesium	500 mg	125%
(as Magnesium Oxide, Magnesium Citrate and Magnesium Aspartate)		

**Other Ingredients:** Vegetable Cellulose, Starch, Dicalcium Phosphate. **Contains <2% of:** Croscopovidone, Magnesium Silicate, Mineral Oil, Polyethylene Glycol, Silica, Titanium Dioxide Color, Vegetable Magnesium Stearate.

**No Artificial Flavor or Sweetener, No Preservatives, No Sugar, No Milk, No Lactose, No Soy, No Gluten, No Wheat, No Yeast, No Fish. Sodium Free.**

**WARNING:** If you are pregnant, nursing, taking any medications or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur.

**NEW  
Smaller  
Size**

**Sundown  
Naturals®**

# Triple Magnesium

**500**MG

*with Magnesium Oxide,  
Citrate and Aspartate*

**Supports Bone  
& Muscle Health\***

**VEGETARIAN FORMULA**

**120 COATED CAPLETS**

**DIETARY SUPPLEMENT**

**Smart  
Facts**

Magnesium plays an essential role in maintaining bone mineralization, muscle contractions and nerve impulses.\* Sundown Naturals' combines three optimal forms of magnesium — oxide, citrate and aspartate — to support your magnesium requirements.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

KEEP OUT OF REACH OF CHILDREN. STORE AT ROOM TEMPERATURE AND AVOID EXCESSIVE HEAT. TAMPER RESISTANT: DO NOT USE IF SEAL UNDER CAP IS BROKEN OR MISSING.

Questions? Call toll free 1-888-VITAHHELP (848-2435) or visit us at [www.sundownnaturals.com](http://www.sundownnaturals.com)

Manufactured for  
REXALL SUNDOWN, INC.  
Boca Raton, FL 33487 USA

**FREE OF  
Gluten &  
Wheat**



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