

DIRECTIONS: FOR ADULTS, TAKE ONE (1) CAPSULE DAILY, PREFERABLY WITH A MEAL. As a reminder, discuss the supplements and medications you take with your health care providers.

Supplement Facts

Serving Size 1 Capsule

Amount Per Serving	%Daily Value
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Biotin (as d-Biotin)	10,000 mcg (10 mg)	3,333%
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Other Ingredients: Vegetable Cellulose. Contains <2% of: Silica, Vegetable Magnesium Stearate.

No Artificial Color, Flavor or Sweetener, No Preservatives, No Sugar, No Starch, No Milk, No Lactose, No Soy, No Gluten, No Wheat, No Yeast, No Fish. Sodium Free.

WARNING: If you are pregnant, nursing, taking any medications or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur.

Manufactured by REXALL SUNDOWN, INC.
Boca Raton, FL 33487 USA

Sundown
Naturals

VEGETARIAN

Biotin

10,000 MCG

*Maximum
Strength*

**Supports Hair,
Skin & Nail Health***



VEGETARIAN FORMULA

120 CAPSULES

DIETARY SUPPLEMENT

**Smart
Facts**

Sundown Naturals' Vegetarian Biotin is a water-soluble B vitamin that helps to support healthy skin and hair.* Biotin is an essential nutrient for the intermediate metabolism of carbohydrates, proteins and fats.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

KEEP OUT OF REACH OF CHILDREN.
STORE AT ROOM TEMPERATURE AND
AVOID EXCESSIVE HEAT. TAMPER
RESISTANT: DO NOT USE IF SEAL
UNDER CAP IS BROKEN OR MISSING.

Questions? Call toll free
1-888-VITAHELP (848-2435)
or visit us at www.sundownnaturals.com



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