

DIRECTIONS: FOR ADULTS, TAKE ONE (1) SOFTGEL DAILY, PREFERABLY WITH A MEAL. As a reminder, discuss the supplements and medications you take with your health care providers.

Supplement Facts

Serving Size 1 Softgel

Amount Per Serving		%Daily Value
Calories	10	
Calories from Fat	10	
Total Fat	1 g	1%*
Algal Oil	772.5 mg	**
derived from a plant based algae (<i>Schizochytrium sp.</i>)		
provides 300 mg of Total Omega-3 Fatty Acids comprising of:		**
EPA (Eicosapentaenoic Acid)	90 mg	**
DHA (Docosahexaenoic Acid)	180 mg	**
Other Omega-3 Fatty Acids		**

*Percent Daily Values are based on a 2,000 calorie diet.

**Daily Value not established.

Other Ingredients: High Oleic Sunflower Oil, Modified Corn Starch, Carrageenan, Vegetable Glycerin, Sorbitol, Sunflower Lecithin, Rosemary Extract, Tocopherols, Ascorbyl Palmitate.

Manufactured for REXALL SUNDOWN, INC.
Boca Raton, FL 33487 USA



1 PER DAY

Sundown
Naturals®

Vegetarian Omega-3

300 MG

Plant source of
EPA and DHA



30 SOFTGELS VEGETARIAN FORMULA
DIETARY SUPPLEMENT

Smart
Facts

Sundown Naturals® Plant Based Omega-3 supplies a vegetarian source of EPA and DHA from Algae. Most people believe that fish are a rich source of EPA and DHA, when in fact fish get EPA and DHA from the algae in their food chain. *life'sOMEGA™* goes straight to the source, producing EPA and DHA from the same microalgae sources. *life'sOMEGA™* is a vegetarian and sustainable source of EPA and DHA.

Color may vary due to natural ingredients.

No Artificial Color or Flavor, No Preservatives, No Sugar, No Milk, No Lactose, No Gluten, No Wheat, No Yeast, No Fish. Sodium Free.

WARNING: If you are pregnant, nursing, taking any medications, including blood thinners, planning any medical or surgical procedure or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur.

life'sOMEGA™ is a registered trademark of DSM.

KEEP OUT OF REACH OF CHILDREN. STORE AT ROOM TEMPERATURE AND AVOID EXCESSIVE HEAT. TAMPER RESISTANT: DO NOT USE IF SEAL UNDER CAP IS BROKEN OR MISSING.

Questions? Call toll free 1-888-VITAHELP (848-2435) or visit us at www.sundownnaturals.com



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