

**DIRECTIONS: FOR ADULTS, TAKE ONE (1) TABLET DAILY, PREFERABLY WITH A MEAL.**

As a reminder, discuss the supplements and medications you take with your health care providers.

## Supplement Facts

Serving Size 1 Tablet

Amount Per Serving		%Daily Value
Biotin (as d-Biotin)	1,000 mcg	333%

**Other Ingredients:** Dicalcium Phosphate, Vegetable Cellulose, Silica, Vegetable Magnesium Stearate.

**No Artificial Color, Flavor or Sweetener, No Preservatives, No Sugar, No Starch, No Milk, No Lactose, No Soy, No Gluten, No Wheat, No Yeast, No Fish. Sodium Free.**

**WARNING:** If you are pregnant, nursing, taking any medications or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur.

Manufactured by  
REXALL SUNDOWN, INC.  
Boca Raton, FL 33487 USA



**Sundown**  
*Naturals*

HIGH POTENCY

# Biotin

## 1000 MCG

**Supports Carbohydrate,  
Fat & Energy Metabolism\***

**VEGETARIAN FORMULA**

60 TABLETS

VITAMIN SUPPLEMENT

**Smart  
Facts**

Biotin is a water-soluble B vitamin that is essential for the intermediate metabolism of carbohydrates, proteins and fats.\* Biotin also helps to support healthy skin and hair.\* Our Biotin is made from quality ingredients and, because we use no animal by-products, is perfect for vegetarians.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

KEEP OUT OF REACH OF CHILDREN.  
STORE AT ROOM TEMPERATURE AND  
AVOID EXCESSIVE HEAT. TAMPER  
RESISTANT: DO NOT USE IF SEAL  
UNDER CAP IS BROKEN OR MISSING.



Questions? Call toll free 1-888-VITAHELP (848-2435)  
or visit us at [www.sundownnaturals.com](http://www.sundownnaturals.com)



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