

DIRECTIONS: FOR ADULTS, TAKE ONE (1) CAPSULE DAILY, PREFERABLY WITH A MEAL. Capsules may be opened and prepared as a tea. As a reminder, discuss the supplements and medications you take with your health care providers.

Supplement Facts

Serving Size 1 Capsule

Amount Per Serving	%Daily Value
Black Cohosh (<i>Cimicifuga racemosa</i>) (root) 540 mg	**

**Daily Value not established.

Other Ingredients: Gelatin. Contains <2% of: Silica, Vegetable Magnesium Stearate.

WARNING: Not intended for use by pregnant or nursing women. If you are taking any medications or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Not intended for use by persons under the age of 18.

WARNING: This product contains a chemical known to the state of California to cause birth defects or other reproductive harm.

Sundown's Natural Whole Herb products utilize ground plant parts to provide the natural components found in nature.

Manufactured by REXALL SUNDOWN, INC.
Boca Raton, FL 33487 USA



FREE OF
Gluten &
Wheat

Sundown
Naturals

Black Cohosh

540 MG

*Natural
Whole Herb*

Supports Menopausal Health*

100 CAPSULES

HERBAL SUPPLEMENT

**Smart
Facts**

Black Cohosh is one of the leading herbs for women's health, especially during a woman's midlife years.* Black Cohosh has been traditionally used to help with the occasional sleeplessness, mood changes and hot flashes associated with menopause.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Non-GMO. No Gluten, No Wheat, No Milk, No Lactose, No Artificial Color, No Artificial Flavor, No Artificial Sweetener, No Preservatives, No Sugar, No Soy, No Starch, No Yeast, No Fish. Sodium Free.

KEEP OUT OF REACH OF CHILDREN. STORE AT ROOM TEMPERATURE AND AVOID EXCESSIVE HEAT. TAMPER RESISTANT. DO NOT USE IF SEAL UNDER CAP IS BROKEN OR MISSING.

Questions? Call toll free 1-888-VITAHELP (848-2435) or visit us at www.sundownnaturals.com

Made **USA** with select ingredients
In The from around the world



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