

DIRECTIONS: FOR ADULTS, TAKE TWO (2) CAPSULES THREE TIMES DAILY, PREFERABLY WITH MEALS. As a reminder, discuss the supplements and medications you take with your health care providers.

Supplement Facts

Serving Size 2 Capsules
Servings Per Container 30

Amount Per Serving	%Daily Value
Milk Thistle Extract (<i>Silybum marianum</i>) (seed) Standardized to contain 80% Silymarin, 192 mg	240 mg **
XTRA Premium Blend®	240 mg
Fennel (<i>Foeniculum vulgare</i>) (seed)	**
Dandelion (<i>Taraxacum officinale</i>) (root)	**
Licorice (<i>Glycyrrhiza glabra</i>) (root)	**

**Daily Value not established.

Other Ingredients: Gelatin, Silica.

Manufactured by REXALL SUNDOWN, INC.
Boca Raton, FL 33487 USA



Sundown
Naturals®

Milk Thistle **XTRA**®

With Dandelion, Fennel and Licorice

240 MG
PER SERVING

Standardized

**Supports Healthy
Liver Function***

60 CAPSULES

HERBAL SUPPLEMENT

**Smart
Facts**

Milk Thistle helps to support the liver and maintain healthy liver function.* It contains silymarin, a flavonoid that helps support the structure of the outer cell membrane of liver cells.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

No Artificial Color, Flavor or Sweetener, No Preservatives, No Sugar, No Starch, No Milk, No Lactose, No Soy, No Gluten, No Wheat, No Yeast, No Fish. Sodium Free.

WARNING: Not intended for use by pregnant or nursing women. If you are taking any medications or have any medical condition, consult your doctor before use. Avoid this product if you are allergic to ragweed or daisy-like flowers. Discontinue use and consult your doctor if any adverse reactions occur. Not intended for use by persons under the age of 18.

KEEP OUT OF REACH OF CHILDREN. STORE AT ROOM TEMPERATURE AND AVOID EXCESSIVE HEAT. TAMPER RESISTANT: DO NOT USE IF SEAL UNDER CAP IS BROKEN OR MISSING.

Questions? Call toll free 1-888-VITAHELP (848-2435) or visit us at www.sundownnaturals.com



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**FREE OF
Gluten &
Wheat**