

FREE
CD

HOW TO
LIVE LONGER
AND FEEL
BETTER



Ultimate Cleanse®

2-Part Program for Total Body Detoxification*
Feel Internally Clean and Energized*

Nature's Secret

Bottle 1: MULTI-FIBER™ 120 tablets

Bottle 2: MULTI-HERB™ 120 tablets

Ultimate Cleanse

PROGRAM

Ultimate Cleanse is a 2-part program designed to cleanse and detoxify your entire internal body.

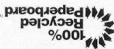
Multi-Herb has 29 herbs to help your body release toxins from all vital organs and body systems. Multi-Fiber helps to facilitate the removal of toxins and enhance proper bowel movements. The end result is an internally clean body that feels energized and renewed.*

MULTI-HERB™: This product contains 29 powerful cleansing herbs that target and support the entire internal body, with herbs for the liver (dandelion root), the lymph system (echinacea angustifolia root extract), to soothe the intestines (slippery elm bark) and more.*

MULTI-FIBER™: 20 ingredients are combined, including 13 sources of fiber, 5 complementary herbs, chlorella and acidophilus in a synergistic formula that supports the body's own natural detoxification processes, helping to promote 2-3 bowel movements per day.* For best results, follow the enclosed cleansing booklet.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

This carton contains 100% recycled paperboard, minimum 35% post-consumer content.



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DIRECTIONS: Multi-Herb and Multi-Fiber were designed to be taken together in the morning and evening. Start with 1 tablet of both products in the morning and 1 tablet of both products in the evening, increasing intake of both products by 1 tablet every other day until you achieve 2 to 3 bowel movements per day. Once you find the correct number of tablets, you can continue with that amount for enhanced internal cleansing. Do not exceed 6 tablets of each product twice per day. Take only as much product as is needed to achieve 2-3 good bowel movements per day. Drink 8 to 10 glasses of water per day. For best results, follow the enclosed cleansing booklet.

MULTI-HERB™

Supplement Facts

Serving Size 1 Tablet
Servings Per Container 120

	Amount Per Serving	%Daily Value*
Calcium (as calcium carbonate)	56 mg	6%
Iodine (as kelp)	13 mcg	9%
Proprietary blend	640 mg	
Alfalfa (leaf)†, Fenugreek (seed)†, Ginger (root)†, Dandelion (root)†, Fennel (seed)†, Yarrow Flower (leaf & flower)†, Siberian Eleuthero extract (root)†, Green Tea extract (leaf)†, Hawthorn Berries (fruit)†, Horsetail Herb (stem)†, Licorice (root)†, Marshmallow (root)†, Mint (leaf)†, Red Clover Top (flower)†, Red Raspberry (leaf)†, Safflower Oil (powder)†, Scutellaria Herb (aerial)†, Burdock (root)†, Chickweed (leaf)†, Mullein (leaf)†, Papaya (leaf)†, Black Cohosh (root)†, Cayenne (fruit)†, Club Moss (leaf)†, Irish Moss (leaf)†, Plantain Herb (seed & leaf)†, Slippery Elm (bark)†, Yellow Dock (root)†, Ginkgo Biloba extract (leaf)†, Milk Thistle extract (seed)†, Echinacea Angustifolia powder (root)†		

*Percent Daily Values are based on a 2,000 calorie diet.
† Daily Value not established.

Other ingredients: Microcrystalline cellulose, hydroxypropyl cellulose, stearic acid, croscarmellose sodium, silicon dioxide, sodium starch glycolate, soy polysaccharides, natural peppermint flavor and magnesium stearate.

MULTI-FIBER™

Supplement Facts

Serving Size 1 Tablet
Servings Per Container 120

	Amount Per Serving	%Daily Value*
Calcium (as calcium carbonate)	98 mg	10%
Proprietary blend	557 mg	
Cascara Sagrada (bark)†, Fennel (seed) Psyllium (seed husk)†, Ginger (root)†, Acacia Gum (flower)†, Alfalfa (leaf) †, Apple Pectin (fruit)†, Apple Powder (fruit)†, Barley Rice (fiber)†, Beet (root)†, Gum Karaya (tree)†, Lemon Peel (fruit)†, Mint (leaf)†, Oat Bran (seed kernel)†, Red Raspberry (leaf)†, Slippery Elm (bark)†, Lactobacillus Acidophilus†, Chlorella (leaf)†, Guar Gum (leaf)†		

*Percent Daily Values are based on a 2,000 calorie diet.
† Daily Value not established.

Other ingredients: Microcrystalline cellulose, hydroxypropyl cellulose, stearic acid, croscarmellose sodium, silicon dioxide, sodium starch glycolate, soy polysaccharides, natural anise flavor and magnesium stearate.

THE
CLEANSE
PLATFORM
Nature's Secret

America's
#1 Internal
Cleanser

Cleansing Program booklet enclosed