

Vitamin World products are subject to critically stringent quality assurance analysis. Our state-of-the-art laboratory, manufacturing and packaging facilities insure the highest quality nutritional supplements money can buy.

Your health & safety are our first priority!



**No Artificial Color or Flavor, No Preservatives,
No Sugar, No Starch, No Milk, No Lactose,
No Soy, No Gluten, No Wheat, No Yeast, No Fish.
Sodium Free.**

WARNING: If you are pregnant, nursing or taking any medications, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Keep out of reach of children. Store in a cool, dry place. Do not use if seal under cap is broken or missing.

TO REORDER PROD. # 1173
www.vitaminworld.com
1-800-228-4533

Carefully Manufactured by
Vitamin World, Inc.
Ronkonkoma, NY 11779 U.S.A.
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B-12

100_{MCG}

Promotes Energy Metabolism*
Supports Heart Health*

**250
TABLETS**

Vegetarian Vitamin Supplement

DIRECTIONS: For adults, take one (1) to five (5) tablets daily, preferably with a meal.

Supplement Facts

Serving Size 1 Tablet

Amount Per Serving	%Daily Value
Vitamin B-12 (as Cyanocobalamin)	100 mcg 1,667%

Other Ingredients: Dicalcium Phosphate, Vegetable Cellulose, Mannitol, Silica, Vegetable Magnesium Stearate.

***These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**