

DIRECTIONS: FOR ADULTS, TAKE ONE (1) CAPSULE DAILY AS NEEDED OR AT BEDTIME AS 5-HTP MAY PRODUCE DROWSINESS. As a reminder, discuss the supplements and medications you take with your health care providers.

Supplement Facts

Serving Size 1 Capsule

Amount Per Serving	%Daily Value
5-HTP (L-5-Hydroxytryptophan) (from Griffonia Extract) (<i>Griffonia simplicifolia</i>) (seed)	200 mg **

**Daily Value not established.

Other Ingredients: Rice Flour, Gelatin. Contains <2% of: Silica, Vegetable Magnesium Stearate.

No Artificial Color, Flavor or Sweetener, No Preservatives, No Sugar, No Milk, No Lactose, No Soy, No Gluten, No Wheat, No Yeast, No Fish. Sodium Free.

Questions? Call toll free 1-888-VITAHELP (848-2435)
or visit us at www.sundownnaturals.com

Manufactured by
REXALL SUNDOWN, INC.
Boca Raton, FL 33487 USA



Sundown
Naturals

MAXIMUM STRENGTH

5-HTP

L-5-Hydroxytryptophan

Fast Acting

**Supports a Calm &
Relaxed Mood***

30 CAPSULES DIETARY SUPPLEMENT

**Smart
Facts**

5-HTP is a precursor to serotonin, a neurotransmitter involved in sending signals to the brain that contribute to well-being.* 5-HTP supports a calm and relaxed mood and helps you maintain a positive outlook.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

WARNING: Not intended for use by pregnant or nursing women. If you are taking any medications or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Do not drive, operate machinery or consume alcohol when taking this product. Not intended for use by persons under the age of 18.

**KEEP OUT OF REACH OF CHILDREN.
STORE AT ROOM TEMPERATURE AND
AVOID EXCESSIVE HEAT. TAMPER
RESISTANT: DO NOT USE IF SEAL
UNDER CAP IS BROKEN OR MISSING.**



**FREE OF
Gluten &
Wheat**



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