

Vitamins to go!

Sundown
Naturals®

Vitamins to go!

**Specially Formulated for
WOMEN**

SUPPORTS:

- Strong Bones*
- Healthy Heart & Circulation*
- Energy*
- Immune System Health*
- Radiant Skin*
- Antioxidant Support*

30 Packets

DIETARY SUPPLEMENT

Prod. No. 45406 06F

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(54740, 1520, 50101, 45481, 46100)
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Vitamins to go!

Smart Facts

Sundown Vitamins to go! makes it easy to support your health.* No need to guess the right dosage and no need to buy and store several different bottles. You have many of your nutrient needs in one convenient packet.

Sundown Vitamins to go! is perfect for anyone on the go. It is great for the daily morning rush, travelers, handy for office, school or sports. Just take along the number of packets you will need and put them in your pocket, purse or briefcase.

Sundown Vitamins to go! for Women is a special combination of many nutrients women need to support good health.*

Questions? Call toll free 1-888-VITAHELP
(848-2435) or visit us at
www.sundownnaturals.com

Manufactured by
REXALL SUNDOWN, INC.
Boca Raton, FL 33487 USA

Part No.22-63068

Vitamin E 100 IU (1 Softgel):

Vitamin E is an antioxidant and helps support a healthy heart.* It helps fight free radical damage that may lead to the premature aging of cells and works with Vitamin C and Beta-Carotene to provide antioxidant support.* Vitamin E helps maintain a healthy circulatory system and is an essential nutrient important for health.*

B-Maxi Complex (1 Tablet):

The B Complex Vitamins are essential in maintaining healthy nerves.* They are required for the proper metabolism of carbohydrates, fats and proteins, and aid in converting food into energy.*

Vitamin C (1 Tablet):

Vitamin C is essential for the growth and maintenance of tissues and organs.* Vitamin C acts as an antioxidant to help support healthy cells and body systems.* Vitamin C is vital to the production of collagen and provides the support necessary for proper cardiovascular function.*



Beta-Carotene (1 Softgel):

As a source of Vitamin A, this important antioxidant helps support cellular health.* It contributes to healthy eyes and skin.* Beta-Carotene also supports immune function.*

Calcium 600 + D (1 Tablet):

Calcium promotes strong bones and healthy teeth.* It is required for proper transmission of nerve impulses and heartbeat regulation.* Vitamin D helps enhance calcium absorption.*

Supplement Facts

Serving Size 1 Packet

Amount Per Serving		%Daily Value
Vitamin A (100% as Beta-Carotene)	10,000 IU	200%
Vitamin C (as Ascorbic Acid)	300 mg	500%
Vitamin D (as D3 Cholecalciferol)	125 IU	31%
Vitamin E (as d-Alpha Tocopheryl Acetate)	100 IU	333%
Thiamin (Vitamin B-1) (as Thiamin Mononitrate)	15 mg	1,000%
Riboflavin (Vitamin B-2)	17 mg	1,000%
Niacin (as Niacinamide)	200 mg	1,000%
Vitamin B-6 (as Pyridoxine Hydrochloride)	20 mg	1,000%
Folic Acid	400 mcg	100%
Vitamin B-12 (as Cyanocobalamin)	60 mcg	1,000%
Pantothenic Acid (as d-Calcium Pantothenate)	100 mg	1,000%
Calcium (as Calcium Carbonate and Dicalcium Phosphate)	657 mg	66%

Bioflavonoid Blend	67 mg	**
Citrus Bioflavonoids (<i>Citrus spp.</i> (peel) and (<i>Citrus spp.</i>) (fruit and peel), Rose Hips, Rutin, Acerola Extract 4:1 (<i>Malpighia glabra</i> and/or <i>puniceifolia</i>) (fruit))		
Vitamin Co-Factor Blend	3 mg	**
Choline Bitartrate, Para-Aminobenzoic Acid (PABA), Inositol		

**Daily Value not established.

Other Ingredients: Vegetable Cellulose, Gelatin, Soybean Oil, Vegetable Glycerin, Titanium Dioxide Color, Croscopolone, Calcium Silicate, Vegetable Magnesium Stearate, Yellow Beeswax, Silica, Soy Lecithin, FD&C Yellow No. 5 Lake, Natural Palm Leaf Glaze, FD&C Yellow No. 6 Lake.

DIRECTIONS: FOR ADULT WOMEN, TAKE ONE (1) PACKET DAILY, PREFERABLY WITH A MEAL. As a reminder, discuss the supplements and medications you take with your health care providers.

No Artificial Flavor or Sweetener, No Preservatives, No Sugar, No Milk, No Lactose, No Gluten, No Wheat, No Yeast, No Fish.

WARNING: If you are pregnant, nursing, taking any medications, planning any medical or surgical procedure or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur.

KEEP OUT OF REACH OF CHILDREN. STORE AT ROOM TEMPERATURE AND AVOID EXCESSIVE HEAT. TAMPER RESISTANT: DO NOT USE IF OUTER WRAP IS TORN OR MISSING.



**FREE OF
Gluten &
Wheat**

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.