Warning: If you have an allergy to shellfish, (including crab and shrimp) you should not use this product.

Suggested Usage: As a dietary supplement, adults take 1 capsule daily or as directed by your healthcare professional. OptiMSM® (distilled methylsulfonylmethane) is a proprietary ingredient exceeding industry standards for optimal purity. OptiMSM® is a registered trademark of Bergstrom Nutrition, Inc.

KEEP OUT OF BEACH OF CHILDREN. For optimal storage conditions, store in a cool, dry place, (59°-77°F/15°-25°C) (35-65% relative humidity) Tamper resistant package, do not use if outer seal is missing.

Formula #83909

Glucosamine +MSM Forte™

A Dietary Supplement



250 Capsules

Supplement Facts

Serving Size 1 Capsule Servings Per Container 250

Amount Per Serving %DV Vitamin C50 mg 83%

(Ascorbic Acid) Glucosamine Sulfate 2 KCI.500 mg (from crab and shrimp)

Methylsulfonylmethane......250 mg (MSM) Grape seed extract 10 mg

(containing proanthocyanidins) Bromelain10 mg

*Daily Value not established.

Other ingredients: Gelatin (capsule), cellulose, vegetable stearate and silica.