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Manufactured by:
Douglas Laboratories
 600 Boyce Road
 Pittsburgh, PA 15205 USA
www.douglaslabs.com
 1.800.245.4440

This product contains NO yeast, wheat, gluten, soy, milk/dairy, corn, sodium, sugar, starch, artificial coloring, artificial preservatives, artificial flavoring, or genetically modified ingredients (GMOs).

Warning: If you have an allergy to shellfish, (including crab and shrimp) you should not use this product.

Suggested Usage: As a dietary supplement, adults take 1 capsule daily or as directed by your healthcare professional.

OptiMSM® (distilled methylsulfonylmethane) is a proprietary ingredient exceeding industry standards for optimal purity.

OptiMSM® is a registered trademark of Bergstrom Nutrition, Inc.

KEEP OUT OF REACH OF CHILDREN.

For optimal storage conditions, store in a cool, dry place. (59°-77°F/15°-25°C) (35-65% relative humidity) Tamper resistant package, do not use if outer seal is missing.

Formula #83909

Glucosamine +MSM Forte™

A Dietary Supplement



120 Capsules

Supplement Facts

Serving Size 1 Capsule

Servings Per Container 120

Amount Per Serving	%DV
Vitamin C50 mg (Ascorbic Acid)	83%
Glucosamine Sulfate 2 KCl.500 mg (from crab and shrimp)	*
Methylsulfonylmethane.....250 mg (MSM)	*
Grape seed extract10 mg (containing proanthocyanidins)	*
Bromelain10 mg	*

*Daily Value not established.

Other ingredients: Gelatin (capsule), cellulose, vegetable stearate and silica.